

The Neon Does

拍数: 48 墙数: 2 级数: Improver
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音乐: Neon Does - Bryce Leatherwood



Count In: 16 Counts - 2 re-starts

[1 – 8] SIDE COLLECT, TRIPLE FWD, ROCK RECOVER ½ TURN TRIPLE.

- 1 2 Step R to R (1), step L next to R (2). 12
- 3 & 4 Step fwd on R (3), step L next to R (&), step fwd on R (4). 12
- 5 6 Rock fwd on L (5), recover back on R (6). 12
- 7 & 8 Making ½ L step fwd on L (7), step R next to L (&), step fwd on L (8) 6

[9 – 16] ¼ PIVOT TURN X2, STEP POINT X2. (OPTION TO REPLACE STEP POINTS-FWD SAMBA R & L)

- 1 2 Step fwd on R (1), pivot 1/4 L (2) 3
- 3 4 Step fwd on R (3), pivot 1/4 L (4) 12
- 5 6 Step fwd on R (5), point L to L diagonal (6). (Option- Cross RF over LF (1), Step LF to L (&)
Recover on RF (2). 12
- 7 8 Step fwd on L (7), point R to R diagonal (8). (Option-Cross LF over RF (3), Step RF to R (&)
Recover on LF (4). 12

Styling Roll hips on the ¼ turns, like you're "working with a hoola hoop" □

*1st Restart here on Wall 3 *

[17 - 24] SAILOR STEP X2; R & L, BEHIND SIDE CROSS, ¼ L TRIPLE STEP.

- 1 & 2 Step R behind L (1), step together with L (&), step R to R (2). 12
- 3 & 4 Step L behind R (3), step together with R (&), Step L to L (4). 12
- 5 & 6 Step R behind L (5), step LF to L (&), cross RF over L (6). 12
- 7 & 8 Step LF to L as you make 1/4 turn L (7), step R next to L (&), step fwd on L (8). 9

[25 – 32] STEP ½ TURN, COASTER STEP, KICK BALL CHANGE X2.

- 1 2 Step fwd on RF (1), pivot 1/2 turn L, slightly kicking LF fwd (2). 3
- 3 & 4 Step back on L (3), step together with R (&), step fwd on L (4). 3
- 5 & 6 Kick R fwd (5), step R next to L as you pick up your L (&), step fwd on L (6) 3
- 7 & 8 Kick R fwd (7), step R next to L as you pick up your L (&), step fwd on L (8) 3

[33 – 40] TOE STRUT W/HIP BUMPS X2, CROSSING SHUFFLE, SCISSOR STEP.

- 1 & 2 Touch R toe fwd w/ hip bump to R diagonal (1), take weight back onto L (&), step fwd on R
(2) 3
- 3 & 4 Touch L toe fwd w/hip bump to L diagonal (3), take weight back onto R (&), step fwd on L (4)
3
- 5 & 6 Cross R over L (5), step L to L slightly (&), cross R over L (6). 3
- 7 & 8 Step L to L (7), step R to inside of L (&), cross L over R (8). 3

[41 – 48] ¼ MONTEREY TURN R, SIDE MAMBO L, SIDE MAMBO R, SLIDE FWD.

- 1 2 Point R to R (1), 1/4 turn R taking weight onto RF (2) 6
- 3 & 4 Rock LF to L (3), recover RF (&), close LF next to RF (4) 6
- **2nd restart here on Wall 4.
- 5 & 6 Rock RF to R (5), recover LF (&), close RF next to LF (6) 6
- 7 - 8 Big step fwd on L (7), touch RF next to L (8). 6

Styling Mambo steps- Use your hips and treat like a side "push"

