

10:30 Five

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Frederick Hodgkin (USA) - 15 May 2024
音乐: 10:35 (feat. Tate McRae) (Joel Corry Remix) - Tiësto



#32 count intro. Restart on Wall 3. 1 Tag on Wall 7. Dance starts facing 10:30, on the Left Diagonal of 12 o' clock wall.

[1-8] Walk, Walk, R Lock Step, L Rock, Recover, Knee Pops x 2

1,2 Walk Forward R., Walk Forward L (10:30)
3&4 Step Forward R, Lock L Behind R, Step Forward R (10:30)
5,6 Rock L Forward, Recover R (10:30)
7,8 Step Back on L and Pop R Knee, Step Back on R and Pop L Knee (10:30)

*Restart after 8 counts on Wall 3. After count 8, Do a L Ball-Step to change weight to restart dance on R.

[9-16] Ball-Cross, ¼ Unravel, Heel Pop, Step Forward, Drag, L Lock Step

&1,2 Step L Ball to L Side, Cross R Over L, Unravel ¼ to L (7:30)
3,4 Lift Heels Up, Drop Heels Down (7:30)
5,6 Step R Forward w/o Weight, Drag R Back and Behind and Commit Weight to R (7:30)
7&8 Step Forward L, Lock R Behind L, Step Forward L (7:30)

[17-24] Step Forward, Dip, Push off w/ Slide, Cross and Weave L with ¼ L

1,2 Step R Forward, Bend Knees and Lower Body (7:30)
3,4 Push off of R and Slide Back onto L, Hold (7:30)
5,6 Cross R Over L, Step L to L Side (7:30)
7,8 Cross R Behind L, Step L to L Side w/ ¼ Turn L (4:30)

[25-32] Body Roll x 2, Kick Forward, Kick Side w/ ¼ Turn, Coaster Step

1,2 Step R Back while Rolling Body over 2 counts (4:30)
&3,4 Step L Ball Back, Step R Back while Rolling Body over 2 counts (4:30)
5,6 Kick Forward L, Kick L to L Side w/ ¼ Turn L (1:30)
7&8 Step L Back, Close R to L, Step L Forward (1:30)

Tag (4 Counts) - R Rocking Chair after Wall 7. Rock Forward R, Recover L, Rock Back R, Recover L.

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