

# Need Some Help

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: V. Allen L. Isidro (USA) - May 2024  
音乐: I Had Some Help (feat. Morgan Wallen) - Post Malone



**Note: Summer dance for beginners (straight 8 rhythm + shuffle) at LDVALI's Reno-Tahoe special workshops.**

## **Set 1 Side, touch, side, touch, vine with a brush**

1-2-3-4      Side R – together touch L – side L – together touch R  
5-6-7-8      Side R – behind L – side R – brush L

## **Set 2 Side, touch, side, touch, vine with a brush**

1-2-3-4      Side L – together touch R – side R – together touch L  
5-6-7-8      Side L – behind R – side L – brush R

## **Set 3 Heel, together, heel, together, V walk**

1-2-3-4      R heel – together R – L heel – together L  
5-6-7-8      Out R – out L – together in R – together in L

## **Set 4 Lindy right, ¼ turning lindy left**

1&2, 3-4      Side shuffle R-L-R- behind L – recover R  
5&6, 7-8      ¼ turning side shuffle L-R-L – behind R – recover L (3:00)

**START ALL OVER ON NEW WALL**

**V. ALLEN L. ISIDRO**

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