

Applause Revisited

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
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音乐: Applause - Lady Gaga



#34 Count Introduction NO RESTARTS OR TAGS

CHA CHA FORWARD, ROCK RECOVER, CHA CHA BACKWARD, ROCK RECOVER (8 COUNTS)

1-2 One 3-step shuffle forward (R-L-R)
3-4 Rock forward on L, rock backward on R
5-6 One 3-step shuffle backward (L-R-L)
7-8 Rock back on R, rock forward on L

ROCK RECOVER, COASTER STEP, ROCK RECOVER, COASTER STEP (8 COUNTS)

9-10 Rock forward on R, recover onto L
11-12 Step R back, (&) step L back, step R forward
13-14 Rock back on L, Recover onto R
15-16 Step L back, (&) step R back, step L forward

JAZZ BOX, JAZZ BOX WITH 1/4 TURN TO THE RIGHT (8 COUNTS)

17-18 Cross step R over L. Step back on L.
19-20 Step back on R. Step L next to R.
21-22 Cross step R over L, step back on L
23-24 Turn 1/4 right stepping R to right side, step L beside R

ALTERNATE BEGINNER LAST 8 STEPS

VINE TO THE RIGHT, VINE TO THE LEFT (8COUNTS)

25-26 Step R to the right, Step L behind R
27-28 Step R to the right Touch L beside R
29-30 Step L to the left. Step R behind L
31-32 Step L to the left Touch R beside L

ALTERNATE BEGINNER PLUS LAST 8 STEPS

THE WRANGLER -- CHA CHA RIGHT, ROCK RECOVER, CHA CHA TO THE LEFT, ROCK RECOVER (8 COUNTS)

25-26 One 3-step shuffle to the right (right-left-right)
27-28 Rock back on left, rock forward on right
29-30 One 3-step shuffle to the left (left-right-left)
31-32 Rock back on right, rock forward on left

Last Update: 24 Jun 2024