

I wanna THANK Me

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Beginner / Improver
编舞者: Andrico Yusran (INA) - May 2024
音乐: I Wanna Thank Me (feat. Niecy Nash) - Meghan Trainor



Sequences : AAB AAB BBB

No Tag No Restart

Start dance after intro 16 counts [10"]

Part A [32 COUNTS]

S1. *CROSS - HOLD - SIDE - HOLD - CLOSE - CROSS - SIDE DRAG - HOLD*

1-4 Step R cross over L , HOLD , L to side , HOLD

5-8 R close beside L , L cross over R , R slightly to side , L point hold

S2. *CROSS - HOLD - SIDE - HOLD - CLOSE - CROSS - SIDE DRAG - HOLD*

1-4 Step L cross over R , HOLD , R to side , HOLD

5-8 L close beside R , R cross over L , L slightly to side , R point hold

S3. *WALK - HOLD [R-L] - PIVOT 1/2 TURN L - FORWARD - HOLD*

1-4 Step R Walk Forward , HOLD , L forward , HOLD

5-8 R forward , 1/2 turn to L in place , R forward , HOLD

S4. *FORWARD - HOLD - SIDE POINT - HOLD - CROSS - BACK - CLOSE - FORWARD - HITCH*

1-4 Step L forward , HOLD , R side point , HOLD

5-6 R cross over L , L back

&-7-8 R close beside L , L forward , R hitching [knee up [

PART B [32 COUNTS]

S1. *BALL DIAGONAL[hip] - CLOSE TOUCH - FORWARD DIAGONAL - CLOSE [R-L]*

1-4 Step R ball diagonal to R with Hip to R , R close touch beside L , R forward diagonal to R , L close touch beside R

5-8 L ball diagonal to L with Hip to L , L close touch beside R , L forward diagonal to L , R close touch beside L

S2. *ROCK RECOVER - BACKWARD - COASTER STEP - FORWARD - HITCH*

1-4 Step R forward , recover on L , R - L backward

5&6 R back , L close beside R , R forward

7- 8 L forward , R knee up

S3. *VINE [POINT] - ROLLING VINE TO L*

1-4 Step R to side , L cross behind R , R to side , L side point [weight on R]

5-8 L tap 1/4 turn to L , R 1/4 turn to L , L 1/2 turn to L to side , R close touch beside L

S4. *FORWARD - LOCK - FORWARD LOCK SHUFFLE - PIVOT 1/2 TURN R - FORWARD - HITCH*

1-2 Step R forward , L lock behind R

3&4 R forward, L lock behind R , R forward

5-8 L forward , 1/2 turn to R in place , L forward , R knee up

Have FUN and Enjoy the Dance

Dancing with YOUR Heart ☐

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