

Black Angel

拍数: 64 墙数: 1 级数: Phrased Intermediate
编舞者: Michael Barr (USA) - May 2024
音乐: Angel - Halle



Intro: 16 counts to start with first down beat (no vocals yet)

Sequence: A, Tag, B, A, B, A, B, A-28cts. (A = 32 counts; Tag = 16 counts; B = 32 counts; Total = 80 counts)

A (32 counts)

[1 - 8] RF TO R DIAGONAL, LF FORWARD W/ SWEEP, SYNCOPATED WEAVE, R & L FORWARD
ROCKS, BACK

Note: Steps 1-16 are repeated for counts 17-32. Easy Peasy!!

- 1-2-3 1) Step RF forward to right diagonal [1:00]; 2) Step LF forward sweeping RF to front; 3) Step RF across LF
- &4& &) Step LF side left; 4) Step RF behind LF; &) Step LF side left opening body to left diagonal [10:30]
- 5,6& 5) Rock RF forward to left diagonal [10:30]; 6) Return weight on LF in place; &) Step RF back
- 7,8& 7) Rock LF forward to left diagonal [10:30]; 8) Return weight onto RF in place; &) Step LF back

[9 - 16] 1/4 R onto RF, FORWARD, 1/2 R, 1/4 R, BEHIND, SIDE, 1/2 TURNING TOUCH STEPS X 4

- 1 1) Turn 1/4 right stepping RF forward [3:00]
- 2&3 2) Step LF forward; &) Turn 1/2 right onto RF [9:00]; 3) Turn 1/4 left stepping LF side left [12:00]
- 4&5& 4) Step RF behind LF; &) Step LF side left; 5) Touch RF next to LF; &) Step RF side right
- 6&7& 6) Touch LF next to RF; &) Step LF into 1/4 turn left [9:00]; 7) Touch RF next to LF; &) Step RF side right [9:00]
- 8& 8) Touch LF next to RF; &) Step LF into 1/4 turn left [6:00]

(Repeat 1-8 on back wall)

[17 - 24] RF TO R DIAGONAL, LF FORWARD W/ SWEEP, SYNCOPATED WEAVE, R & L FORWARD
ROCKS, BACK

- 1-2-3 1) Step RF forward to 1:00; 2) Step LF forward sweeping RF to front; 3) Step RF over LF
- &4& &) Step LF side left; 4) Step RF behind LF; &) Step LF side left opening body to left diagonal [4:30]
- 5,6& 5) Rock RF forward to left diagonal [4:30]; 6) Return weight on LF in place; &) Step RF back
- 7,8& 7) Rock LF forward to left diagonal [4:30]; 8) Return weight onto RF in place; &) Step LF back

(Repeat 9-16)

[25 - 32] 1/4 R onto RF, FORWARD, 1/2 R, 1/4 R, BEHIND, SIDE, 1/2 TURNING TOUCH STEPS X 4

- 1 1) Turn 1/4 right stepping RF forward [9:00]
- 2&3 2) Step LF forward; &) Turn 1/2 right onto RF [3:00]; 3) Turn 1/4 left stepping LF side left [6:00]
- 4&5& 4) Step RF behind LF; &) Step LF side left; 5) Touch RF next to LF; &) Step RF side right
- 6&7& 6) Touch LF next to RF; &) Step LF into 1/4 turn left [3:00]; 7) Touch RF next to LF; &) Step RF side right [3:00]
- 8& 8) Touch LF next to RF; &) Step LF into 1/4 turn left [12:00] (End of A) You're on your way!

TAG (16 counts) Happens once after the first A (32 cts.), starting at 12 o'clock and ends at 12 o'clock

[1 - 8] STEP RF to right DIAGONAL, 4 LOCK-STEPS TO DIAGONALS TO MAKE SLOW 1/2 TURN

Note: Counts 1-8& are syncopated lock steps making a slow 1/2 turn left to face 6 o'clock. 1,3,5,7 are steps to the diagonals while the "&" counts are steps that square you up to 12, 9, 9 and 6 o'clock walls.

- 1 1) Step RF to forward to right diagonal [1:30]
- 2&3 2) Lock LF behind RF; &) Step RF side right [square to 12:00]; 3) Step LF to left diagonal [10:30]

- 4&5 4) Step RF behind LF; &) Step LF side left [square to 9:00]; 5) Step RF to right diagonal [10:30]
- 6&7 6) Step LF behind RF; &) Step RF side right [square to 9:00]; 7) Step LF to left diagonal [7:30]
- 8& 8) Step RF behind LF; &) Step LF side left [square to 6:00]

[9 - 16] NIGHTCLUB BASIC - FORWARD, FORWARD 1/4 R, Cross, 1/4, 1/2 LEFT

- 1,2& 1) Step RF side right; 2) Step ball of LF just behind RF; &) Step RF over left
- 3,4& 3) Step LF side left; 4) Step ball of RF just behind LF; &) Step LF in front of right
- 5 5) Step RF forward
- 6&7 6) Step LF forward; &) Turn ¼ right onto RF [9:00]; 7) Step LF in front of RF (prep for left turn)
- 8& 8) Turn ¼ left stepping RF back [6:00]; &) Turn ½ left stepping forward on LF [12:00] (end of Tag) It's in the bag!!

B (32 counts)

[1 - 8] TURN 1/2 R, WALK, ROCK, BACK, 1/2 TURN, FORWARD, PIVOT ½, BACK SWEEP, SIDE

- 1-2-3 1) Step RF forward [12:00]; 2) Step LF forward; 3) Rock RF forward
- 4&5 4) Step LF back; &) Turn ½ right stepping RF forward [6:00]; 5) Step LF forward [6:00]
- 6 - 7 6) Pivot ½ right stepping onto RF [12:00]; 7) Turn ½ right stepping back onto LF as you sweep RF to back [6:00]
- 8& 8) Step RF back; &) Small step on LF side left to face right diagonal [7:30]

Note: As you dance 8& add count 1 that starts the next set - 8&1 is a modified coaster!

[9-16] RF FORWARD, SAMBA R & L, CROSS, BACK, BACK, BACK, TURN, TURN (FALL-A-WAY 1/2 TURN L)

- 1 1) Step RF forward to right diagonal [7:30]
- Note: Notice the "a" count instead of the "&" count to give that Samba feel. Hit the diag. on cts. 1,3,4,5,6**
- 2a3 2) Step LF forward in front of RF [7:30]; a) Step RF ball side right [6:00]; 3) Small step forward onto LF [4:30]
- 4a5 4) Step RF in front of LF [4:30]; a) Step LF ball side left [6:00]; 5) Small step forward onto RF [7:30]
- 6a7 6) Step LF forward to left diagonal [7:30]; a) Step RF side right [6:00]; 7) Step LF back to right diagonal [4:30]
- 8a 8) Step RF back [4:30]; a) Turn 1/8 left stepping LF side and slightly forward [3:00]

[17-24] 1/4 RIGHT: SKATE R L, SIDE TOGETHER SIDE - SKATE L R, SIDE TOGETHER SIDE

- 1 - 2 1) Turn ¼ left [12:00] and Slide/Skate RF side right; 2) Slide/Skate LF side left
- 3&4 3) Step RF side right; &) Step LF next to RF; 4) Step RF side right
- 5 - 6 5) Slide/Skate LF side left; 6) Slide/Skate RF side right
- 7&8 7) Step LF side left; &) Step RF next to LF; 8) Step LF side left opening your hips to the right to prep

[25-32] R & L DIGONAL BACK CROSS STEPS X 3 - LF CROSS IN FRONT, RF STEP SIDE

Note: First three cross steps are going back. The fourth cross step goes side to stop that back direction.

- 1 1) Step RF back on right diagonal [1:30]
- 2&3 2) Step LF back crossing in front of RF; &) Step RF directly back; 3) Step LF back on left diagonal [10:30]
- 4&5 4) Step RF back crossing in front of LF; &) Step LF directly back; 5) Step RF back on right diagonal [1:30]
- 6&7 6) Step LF back crossing in front of RF; &) Step RF directly back; 7) Step LF back on left diagonal [10:30]
- 8& 8) Step RF over LF side left; &) Step LF side left (pushing off to start A) (end of B) WAY TO BE!!!

BLACK ANGEL > Begin again! HAVE A FUN TIME ON THE DANCE FLOOR

Thanks to Debi Pancoast for her knowledge of dance, structure and most important, Feelings!!!

Ending: On the 4th time dancing A, music drops out. Dance through to count 27:

[25-28] Starts on back wall. Count 1,2 are the same but &3 will bring you to the front to end the dance!

1,2 1) Turn ¼ right stepping RF forward [9:00]; 2) Step LF forward (&

&3 &) Turn ¼ right (only) stepping onto RF [12:00]; 3) Step LF over RF BRAVO! TA DA!

The song Angel, written by Halle (Bailey), Sabastian Kole and Theron Feemster captures Halle's personal & emotional journey to being cast as Ariel, a black woman, in the 2023 Disney adaptation of the Little Mermaid.
