

# Shut Up

拍数: 64      墙数: 2      级数: Phrased Intermediate  
编舞者: Silvia Denise Staiti (DE) & Johnny ROSSATO (IT) - May 2024  
音乐: Dance For The Hell Of It - LOVA



\*\*\*The given directions and clock reference are referred to the 1st wall

## PART A (32 counts)

### \*1ST SECTION SIDE SHUFFLE, FULL TURN, ROCK BACK, STOMP, STOMP

1&2      Open L to L side – Close R beside L – Open L to L side  
3-4      ½ Turn R stepping R fwd – ½ Turn R stepping L back  
5-6      Rock step R back – Recover weight on L  
7-8      Stomp R fwd – Stomp L fwd

### \*2ND SECTION STEP, HOOK, HEEL, FLICK, STOMP, SWIVEL, HEEL STAND

1&2      Step R fwd – Hook L behind R (Slap with R hand) – Recover & Heel touch R fwd  
3-4      Flick R to R side (Slap with R hand) – Stomp Up R fwd  
5-6      Swivel R point to R side - Recover  
7-8      Heel Stand R - Recover

### \*3RD SECTION SIDE SHUFFLE (X2), STEP, SLIDE, STEP, SCUFF

1&2      Open R to R side – Close L beside R – Open R to R side  
3&4      (Turn ¼ L – to h.9.00) Open L to L side – Close R beside L – Open L to L side  
5-6      (Turn ¼ L – to h.6.00) Long Step R to diagonal R - Slide L beside R  
7-8      Long Step L to diagonal L – Scuff R fwd

### \*4TH SECTION JAZZ-BOX TURN, TOUCH, STEP, KICK, STOMP-UP

1-2      Cross R over L – Step L back (turning ¼ R – to h.9.00)  
3-4      Step R fwd (turning ¼ R – to h.12.00) – Step L fwd  
5-6      Touch Point R fwd – Step R fwd  
7-8      Kick L fwd – Stomp up L beside R

## PART B (32 counts)

### \*1ST SECTION STOMP, HOLD, ¼ TURN, STEP, POINT (X2), KICK (X2)

1-2      (Turning ¼ R to h.3.00) Stomp R fwd - Hold  
3-4      Turn ¼ R to h.6.00 stepping L back – Turn ½ R to h.12.00 stepping R fwd  
&5-6      Step L fwd – Touch point R back (twice)  
7-8      (Turning ¼ L to h.9.00) Kick L fwd – (Turning ¼ L to h.6.00) Kick R fwd

### \*2ND SECTION STEP, POINT (X2), KICK, JUMP, STOMP, SWIVET (X2)

&1-2      Step R fwd – Touch point L back (twice)  
3&4      Recover weight on L & Kick R fwd – Jump with both feet – Stomp both feet  
5-6      On the ball of L foot and heel of R foot, Swivel L heel to the L and R toes to the R - Recover  
7-8      On the ball of L foot and heel of R foot, Swivel L heel to the L and R toes to the R - Recover

### \*3RD SECTION HEEL, RECOVER, HEEL, RECOVER, CROSS, FLICK, SHUFFLE

1-2      Heel touch R fwd - Recover  
3-4      Heel touch L fwd - Recover  
5-6      Cross R over L – Flick L to L side (turning your body to diagonal R & Slap with L hand)  
7&8      Shuffle L fwd diagonal R direction

### \*4TH SECTION HALF TURN, HOOK, SHUFFLE, SIDE ROCK, ROCK BACK

1-2      Turn ½ L to the opposite diagonal stepping R back –

**Turn ½ L to the original diagonal doing a Hook with L foot cross over R**

- 3&4 Shuffle L fwd diagonal direction
- 5-6 (Facing to h.6.00) Rock Step R to R side – Recover weight on L
- 7-8 Rock Step R back – Recover weight on L

**TAG 1 (8 counts)**

**#1ST SECTION OPEN, HOLD, OPEN, HOLD, HIP ROLL (X2)**

- 1-2 Open R to R diagonal side with a big rounded step - Hold
- 3-4 Open L to L diagonal side with a big rounded step - Hold
- 5-6 Roll your hips with a circling movement from R to L in 2 counts
- 7-8 Roll your hips with a circling movement from R to L in 2 counts

**TAG 2 (16 counts)**

**#1ST SECTION STOMP, HOLD, ¾ TURN, STEP, POINT (X2), KICK (X2)**

- 1-2 (Turning ¼ R to h.3.00) Stomp R fwd - Hold
- 3-4 Hold - Hold
- 5-6 Turn ¼ R to h.6.00 stepping L back – Turn ½ R to h.12.00 stepping R fwd
- 7-8 Hold – Hold

**#2ND SECTION STEP, POINT (X2), KICK, JUMP, STOMP, SWIVET (X2)**

- &1-2 Step L fwd – Touch point R back (twice)
- 3&4 Recover weight on R & Kick L fwd – Jump with both feet – Stomp both feet
- 5-6 On the ball of L foot and heel of R foot, Swivel L heel to the L and R toes to the R - Recover
- 7-8 On the ball of L foot and heel of R foot, Swivel L heel to the L and R toes to the R - Recover

**Hope you have fun and enjoy dancing SHUT UP**

---