Mi Casa Su Casa



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Mi Casa Su Casa - Manwell



Intro: 16 counts in (0.07) on the vocals "Mi Casa Su Casa"

S1 Walk Forward RL. Cross Samba, Jazz Box 1/4 Turn L. Cross

1,2 RF walk forward, LF walk forward

3&4 RF cross rock over LF, LF rock left, Recover on RF 5,6 LF cross over RF, 1/8 turn left and RF step back 7,8 1/8 turn left and LF step left, RF cross over LF (9:00)

S2 Side, Cross Rock, Recover, Chasse R, Cross Rock, Recover, 1/4 Turn L

1,2,3 LF step left, RF cross rock over LF, Recover on LF 4&5 RF step right, LF step next to RF, RF step right

6,7,8 LF cross rock over RF, Recover on RF, 1/4 left and LF step forward (6:00)

S3 Step, Together, Step, Hold, Ball Rock, Recover, ¼ Turn R, Cross Bending knees and Shimmy

1,2 RF step forward, LF step next to RF

3,4 RF step forward, Hold

&5,6 Step ball of LF next to RF, RF rock forward, Recover on LF (option: add small upper body roll

on cts 5-6)

7,8 1/4 turn right RF step right (9:00), LF cross over RF bending knees

Option: Shimmy shoulders on counts 7&8

S4 Side, Together, Shuffle Forward, Rock Forward, Recover, Shuffle ½ Turn L

1,2 RF step right, LF step next to RF

3&4 RF step forward, LF step next to RF, RF step forward

5,6 LF rock forward, Recover on RF

7&8 ¼ turn L LF step left, RF step next to LF, ¼ turn L LF step forward (3:00) - leading with L Hip

Option: 5-8 Roll arms forward in front of chest

TAG: End of wall 2 after 32 counts (6:00), in wall 5 after 16 counts (6:00), end of wall 8 after 32 counts (3:00) Restart from S1 each time you do the Tag.

Tag Hip Bumps RLRL with R Hand Movements, Jazz Box - Hop

1,2 RF step right & bump hip R as right Index finger points R, Bump hip L as right Index finger

and middle finger points L

3,4 Bump hip R as three fingers points R, Bump hip L as four finger points L

5-8 RF cross over LF, LF step back, RF step right, LF hop forward hitching R knee up

Option: 1-4 If you are uncomfortable with the hand movements, just take them out

Ending: Finish S4 with Shuffle 1/4 Turn L (12:00), instead of Shuffle 1/2 Turn L

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