

Broken Soul

拍数: 32 墙数: 2 级数: Improver
编舞者: Niels Poulsen (DK) & Simon Ward (AUS) - May 2024
音乐: Her To Here - Alex Hall



Intro: 16 counts from beginning of track. App. 12 secs. into track. Start with weight on R foot

*1 EASY tag: Explained at bottom of step sheet

*1 restart: On wall 4 after 28 counts, facing 12:00

Phrasing: Intro, 32, 32, 32, Tag, 28 + restart, 32, 32, Tag, 32, 6 + Ending

[1 – 8] $\frac{3}{4}$ turn around, R mambo sweep, L behind side cross

1 – 2 Cross L over R turning $\frac{1}{4}$ R (1), turn $\frac{1}{8}$ R stepping R fwd (2) 4:30

3&4 Turn $\frac{1}{8}$ R stepping L fwd (3), turn $\frac{1}{8}$ R stepping R fwd (&), turn $\frac{1}{8}$ R stepping L fwd (4) ...

Note: counts 1-4 should be done in circular motion 9:00

5&6 Rock R fwd (5), recover back on L (&), step back on R sweeping L out to L side (6) 9:00

7&8 Cross L behind R (7), step R to R side (&), cross L over R (8) 9:00

[9 – 16] R side mambo $\frac{1}{4}$ L, L step lock step, R fwd tap, back & sweep, R behind side cross

1&2 Rock R to R side (1), turn $\frac{1}{4}$ L when recovering to L (&), step R fwd (2) 6:00

3&4 Step L fwd (3), lock R behind L (&), step L fwd (4) 6:00

5&6&& Step R fwd and slightly in front of L (5), tap L toes behind R (&), step back on L (6), sweep R out to R side (&) 6:00

7&8 Cross R behind L (7), step L to L side (&), cross R over L (8) 6:00

[17 – 24] L side rock, recover $\frac{1}{4}$ R, lock $\frac{1}{2}$ R, R back lock step, L coaster step

1 – 2 Rock L to L side (1), recover on R turning $\frac{1}{4}$ R (2) 9:00

3&4 Turn $\frac{1}{4}$ R stepping L to L side (3), cross R over L (&), turn $\frac{1}{4}$ R stepping back on L (4) 3:00

5&6 Step back on R (5), lock L over R (&), step back on R (6) 3:00

7&8 Step back on L (7), step R next to L (&), step fwd on L (8) 3:00

[25 – 32] Walk RL fwd, R mambo $\frac{1}{4}$ R, L cross rock, big step L, R slide, step R together

1 – 2 Walk R fwd (1), walk L fwd (2) 3:00

3&4 Rock R fwd (3), recover back on L (&), turn $\frac{1}{4}$ R stepping R to R side (4) ...

Restart here on wall 4, facing 12:00 6:00

5 – 6 Cross rock L over R (5), recover back on R (6) 6:00

7 – 8& Step L a big step to L side (7), slide R towards L (8), step R next to L (&) 6:00

START AGAIN

Tag

There's a 2 count tag on wall 3 (facing 6:00) and wall 6 (facing 12:00), after count 32 and before the last & count of the dance.

The tag is very simple: Just HOLD for 2 counts, then restart the dance again stepping R next to L on the & count

Ending Wall 8 is your last wall (starts at 6:00). Do the first 6 counts finishing with your R mambo on 5&6, then turn $\frac{1}{4}$ L stepping L to L side on count 7.

You're now facing 12:00 again 12:00