

Add to the List

拍数: 48 墙数: 4 级数: Improver
编舞者: Marianne Langagne (FR) & Frederic Fassiaux (FR) - 22 May 2024
音乐: Add Her To The List - Travis Denning



Intro : 16 Counts

S 1 R SIDE , TOUCH , KICK BALL CROSS , L SIDE , TOUCH , KICK BALL CROSS

1 -2 Large side R, Touch LF next to RF
3 & 4 Kick LF, LF Next to RF, Cross RF over LF
5 - 6 Large side L, Touch RF next to LF
7 & 8 Kick RF, RF next to LF, Cross LF over RF

S2 SIDE ROCK ¼ TURN L, TRIPLE FWD, ROCK STEP , COASTER STEP

1 - 2 RF to the RP, ¼ Turn L - Recover on LF (9.00)
3 & 4 RF Fwd, Together, RF Fwd
5 - 6 LF Fwd, Recover on RF
7 & 8 LF Black, Together, LF Fwd

S3 STEP ¼ TURN L, CROSS SHUFFLE, 1/ 4 TURN L – TRIPLE FWD , HEEL , TOE BACK

1 - 2 RF Fwd, Pivot ¼ Turn L. (Weight on LF) (6.00)
3 & 4 Cross RF Over LF, LF to the L, Cross RF Over LF
5 & 6 ¼ Turn L – LF Fwd, Together, LF Fwd (3.00)
7 - 8 R heel Fwd, R Toe Back

S4 SKATE R - L, TRIPLE FWD, ROCK STEP, COASTER STEP

1 - 2 Skate RF Diagonally R, Skate LF Diagonally L
3 & 4 RF Fwd, Together, RF Fwd
5 - 6 LF Fwd, Recover on RF
7 & 8 LF Black, Together, LF Fwd

S5 ROCK STEP , SAILOR STEP ½ TURN R , HEEL GRIND ¼ TURN L , COASTER STEP

1 - 2 RF Fwd, Recover on LF
3 & 4 Cross RF Behind LF, ¼ Turn R – LF to the L, ¼ Turn R – RF Fwd (9.00)
5 - 6 L Heel Fwd (toe to the R), ¼ Turn L on L Heel, Recover on RF (6.00)
7 & 8 LF Back, Together, LF Fwd

HERE RESTART – Facing 12.00 at 3rd Wall

S6 ROCK STEP , TRIPLE ½ TURN R , ¼ TURN R , ½ TURN R , TRIPLE FWD

1 - 2 RF Fwd, Recover on LF
3 & 4 ¼ Turn R – RF to the R, Together, ¼ Turn R – RF Fwd (12.00)
5 - 6 ¼ Turn R – LF Back (3.00) , ½ Turn R – RF Fwd (9.00)
7 & 8 LF Fwd, Together, LF Fwd

Final : The dance ends facing 12.00 AT country 12 – L point to the L

Dansez & Amusez-vous !!!!

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