

Fur Elise

拍数: 32 墙数: 4 级数: Advanced
编舞者: Esmeralda van de Pol (NL) - April 2024
音乐: Fur Elise - Faouzia



Intro: 32 counts from the first hard piano beat

CROSS ROCK, RECOVER, SIDE, CROSS, SIDE, 1/8 TURN L, STEP BACK, 1/8 TURN L SIDE ROCK, RECOVER 1/4 TURN R, 3/4 TURN R, SIDE CROSS

1-2& Rock RF across LF, Recover weight on LF, Step RF to R side
3-4& Cross LF in front of RF, Step RF to R side, 1/8 turn L-step LF back
5-6& Step RF back, 1/8 turn L-rock LF to L side, 1/4 turn R-step RF fwd
7-8& Little step fwd on LF and turn 3/4 R, Step RF to L side, Cross LF over RF

BASIC NIGHTCLUB R 1/8 TURN R, COASTER STEP, STEP FWD, CHASE TURN L, STEP TOGETHER

1-2& Step RF to R side, Step LF slightly behind RF, Cross LF over RF
3-4&5 1/8 turn L-step LF to L side, Step RF back, Step LF next to RF, Step RF fwd
6 Step LF fwd
7&8& Step RF fwd, 1/2 turn L-weight on LF, Step RF fwd, Step LF next to RF

SPIRAL TURN L, BALL SIDE ROCK, RECOVER 1/4 TURN R, 1/2 TURN R, STEP FWD, FWD ROCK, 1/4 TURN R HIP SWAYS

1& Step RF fwd make a full turn L, Step LF slightly fwd,
2-3 Rock RF to R side, Recover 1/4 turn R weight on LF
&4 1/2 turn R-step RF fwd, Step LF fwd*** restart here wall 2
5-6 Rock RF fwd, Recover weight on LF
&7-8& 1/4 turn R- sway R hip to R side, sway hip L, Sway hip R, Sway hip L

BASIC NIGHTCLUB R , LUNGE , WALK 3/4 TURN R WITH SWEEP, CROSS, SIDE, BEHIND, BEHIND, SIDE

1-2& Step RF to R side, Step LF slightly behind RF, Cross RF over LF
3 Lunge LF to L side
4&5 1/4 turn R-Step RF fwd, 1/4 turn R-Step LF fwd, 1/4 turn R-step RF fwd, sweep LF in front off RF
6&7 Cross LF over RF, Step RF to R side, Step LF behind RF-sweep RF to back
8& Cross RF behind LF, Step LF to L side

Restart : wall 2 after 20 counts

Ending: Go with the speed of the music, this will be slow down. Dance up to 4& section 4, you will be ending at the front wall

Dance With Esmeralda

Esmeralda v.d. Pol

esmeraldadancers@gmail.com