

Rosa

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Marlon Ronkes (NL) & Romain Brasme (FR) - May 2024
音乐: Rosa - Fabi Hernandez & Mathieu Ruz



Intro: Start at approx 36 secs

Intro Arm Movements

Slowly raise both arms to side over first 2 lines of vocals ending above head with wrists and touching fingers by drawing a rose, open your hands on vocal

Pull both arms down in front of body wrists still together on next vocal line

Raise both arms to sides ending at shoulder height on next vocal line

Rotate body left bending right arm in front body bending both knees

Main Dance - Start on Main beat at 36 Secs

SEC 1 Walk x3, ½ Back, Back x3, Clap Clap

Note Arm and body remains in same position for counts 1-6

- 1-2 Step right forward, step left forward
- 3-4 Step right forward, turn ½ right step left back (6:00)
- 5-6 Step right back, step left back
- 7&8 Step right back, clap twice

SEC 2 Step Sweep, Step Sweep, Weave ¼ Turn

- 1-2 Step left forward sweeping right from back to front
- 3-4 Step right forward sweeping left from back to front
- 5-6 Cross left over right, step right to right
- 7-8 Step left behind right, turn ¼ right step right forward (9:00)

SEC 3 Step, ½ Pivot, Shuffle, Rock, Walk, Walk Flick

- 1-2 Step left forward, pivot ½ right transferring weight on to right (3:00)
- 3&4 Step left forward, step right beside left, step left forward
- 5-6 Rock right forward, recover weight onto left
- 7-8 Step right forward, step left forward flicking right back

SEC 4 Step, ½ Pivot, Shuffle, Step, ½ Pivot, Step, ¼ Pivot

- 1-2 Step right forward, pivot ½ left transferring weight on to left (9:00)
- 3&4 Step right forward, step left beside right, step right forward
- 5-6 Step left forward, pivot ½ right transferring weight on to right (3:00)
- 7-8 Step left forward, pivot ¼ right transferring weight on to right (6:00)

SEC 5 Rock, ½ Shuffle, Rock, ½ Walk, Walk

- 1-2 Rock left forward, recover weight onto right
- 3&4 Turn ½ left step left forward, step right beside left, step left forward (12:00)
- 5-6 Rock right forward, recover weight onto left
- 7-8 Turn ½ right step right forward, step left forward (6:00)

Restart Here on Wall 4

SEC 6 Mambo Step, Back Mambo, Botofogo, Botofogo

- 1&2 Rock right forward, recover weight onto left, step right back
- 3&4 Rock left back, recover weight onto right, step left forward
- 5&6 Cross right over left, rock left to left, recover weight onto right
- 7&8 Cross left over right, rock right to right, recover weight onto left

SEC 7 Point Forward, Hitch, Weave, Point Forward, Hitch, Weave

- 1-2 Point right forward, hitch right knee
- 3&4 Step right behind left, step left to left, cross right over left
- 5-6 Point left forward, hitch left knee
- 7&8 Step left behind right, step right to right, cross left over right

SEC 8 Step, Hold, Touch, Heel Twist, Step, Hold, Together, Hold

- 1-2 Step right forward, hold
- 3&4 Touch left forward, twist left heel to left, twist left to centre transferring weight on to left
- 5-6 Step right forward, hold
- 7-8 Step left beside right, bend both knees

Arms On count 8 take left arm back cross right arm over chest

Tag at the end of wall 2

Hold, Arm Movements

- Hold until vocals return
- Slowly raise both arms to sides ending above head with wrists touching on vocal "Rosa"
- Pull both arms down in front of body wrists still together
- Raise both arms to sides ending at shoulder height
- Rotate body left bending right arm in front body

Last Update: 24 May 2024
