

Get Down Pitbull

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sue Czechel (USA) - May 2024
音乐: Get Get Get Down - Pitbull, Tim McGraw & Vikina



Intro: 32 counts

R SIDE, TOGETHER, SIDE, TOUCH, HIP ROLL 2X L (COUNTERCLOCKWISE)

1-4 Step R to R side, step L next to R, step R to R side, touch L next to R
5-8 Step L out to L as hip circles 2x L (counterclockwise)

***Fun Option: Circle arms overhead during hip circles (counterclockwise)**

L SIDE, TOGETHER, SIDE, TOUCH, HIP ROLL 2X R (CLOCKWISE)

1-4 Step L to L side, step R next to L, step L to L side, touch R next to L
5-8 Step R out to R as hip circles 2x R (clockwise)

***Fun Option: Circle arms overhead during hip circles (clockwise)**

WALK FORWARD 4, V STEP R WITH CLAPS

1-4 Walk forward R, L, R, L
5& Open R forward to R, clap hands high R
6& Open L forward to L, clap hands high L
7& Close R back, clap hands low R
8& Close L back, clap hands low L

***Easier Option: Leave out the claps**

4 HEEL SWITCHES, STEP R, PIVOT ¼ L, STOMP R, L

1&2& Tap R heel forward, step R next to L, tap L heel forward, step L next to R
3&4& Tap R heel forward, step R next to L, tap L heel forward, step L next to R
5, 6 Step R forward, Pivot ¼ turn L
7, 8 Stomp R next to L, stomp L in place

***Easier Option: Do only 2 heel switches**

Ending: (After last 2 stomps you will be facing 9 o'clock) Look over R shoulder to front and pose however you choose on the last beat.

Contact: Susan.DanceandFitness@gmail.com (Sync Up With Sue Line Dancing)

Last Update: 22 May 2024