

Miles On It

拍数: 32 墙数: 4 级数: Beginner
编舞者: Michael Scott Schindele (USA) - May 2024
音乐: Miles On It - Marshmello & Kane Brown



Intro: 32 Counts

Weight will begin on Left

2 Restarts on Wall 3 after 16 counts and Wall 5 after 16 counts

Section 1: R low kick forward, R Low kick Right, R coaster step, L low kick forward, L low kick Left, L coaster step

1 - 2 R low kick fwd, R low kick right,
3 - 4 Step back on R, step L next to R, step forward on R
5 - 6 L low kick fwd, L low kick left
7 - 8 Step back on L, step R next to L, step forward on L (12:00)

Section 2: R forward press, rock recover, (1/2) turn Right, shuffle R L R, L forward press, press L back while (1/4) turn and sidestep Left with R drag to Left

1 - 2 Rock forward R, recover back on L
3 - 4 (1/2) Turn shuffle right left right (6:00)
5 - 6 Rock forward L, press back L, side step to left making (1/4) turn left (3:00)
7 - 8 Drag R to L

Section 3: R cross over L, L point Left, L cross over R, R point Right, Jazz Box R over L making (1/4) turn to the Right, stepping R to the Right, L cross over R

1 - 2 R cross over L, L point Left
3 - 4 L cross over R, R point R
5 - 6 R over L, step back make (1/4) turn to Right stepping down on L (6:00)
7 - 8 R step Right, L cross over R

Section 4: Grapevine to the Right stepping R to the Right, L to the Right behind R, R to the Right over L, L step toward R with a heel flick behind R, Rolling Grapevine Left making a (1/4) turn Left, Left step R hover

1 - 2 R step Right, L step behind R
3 - 4 R step Right over L, L step toward R with heel flick behind R
5 - 6 L step Left making (1/4) turn Left (3:00), step R making (1/2) turn Right (9:00)
7 - 8 L turn Right making (3/4) turn and step down Left (3:00), bring R forward to L keeping weight on L

Restart Dance

2 Restarts, first on Wall 3 after 16 counts and second on Wall 5 after 16 counts