Talk That Smack

拍数: 32

级数: Improver

编舞者: Roy Hadisubroto (IRE) & Fiona Hadisubroto (IRE) - April 2024

音乐: Been Like This - Meghan Trainor & T-Pain

Intro: 16 count intro from start of music. - Start with weight on L foot

[1 – 8] Step, Together, Shuffle, Step, Together, Shuffle

- 1 2 Step R forward into R diagonal (1), Close L next to R (2) 12:00
- 3&4 Step R forward into R diagonal (3), Close L next to R (&), Step R forward into R diagonal (4) 12:00
- 5 6 Step L forward into L diagonal (5), Close R next to L (6) 12:00
- 7 & 8 Step L forward into L diagonal (7), Close R next to L (&), Step L forward into L diagonal (8) 12:00

Fun styling: Jump, Together, Shuffle, Step, Together, Shuffle (With knees popping out & in)

- 1 2 Jump R into R diagonal while stretching L leg out (1), Close L next to R (2) 12:00
- 3&4 Step R forward into R diagonal (3), Close L next to R (&), Step R forward into R diagonal (4) 12:00
- 5 6 Step L forward into L diagonal while popping both knees outwards (5), Close R next to L and close knees (6) 12:00
- 7 & 8 Step L forward into L diagonal while popping both knees outwards (7), Close R next to L and close knees (&), Step L forward into L diagonal while popping both knees outwards (8) 12:00

[9 – 16] Jazzbox, ³/₄ Paddle Turn, Together

- 1 2 Cross R over L (1), Step L backwards (2) 12:00
- 3 4 Step R to R Side (3), Step L forward (4) 12:00
- 5 6 1/4 Turn L Touch R to R side (5), 1/4 Turn L Touch R to R side (6) 6:00
- 1/4 Turn L Touch R to R side (7), Close R next to L (8) 3:00 7 - 8

[17 – 24] Charleston Step, Back, Mambo Back, Dorothy Step

- 1 2 Step L forward (1), Touch R forward (2) 3:00
- 3 4 & Step R back (3), Rock L backwards (4), Recover on R (&) 3:00
- 5-6& Step L forward into L diagonal (5), Cross R behind L (6), Step L forward into L diagonal (&) 3:00
- 7 8 & Step R forward into R diagonal (7), Cross L behind R (8), Step R forward into R diagonal (&) 3:00

Fun styling: Modified Charleston Step

1 - 2 Step L forward (1), Brush R forward and Ronde R from front to back (2)

[25 – 32] Rock Forward, Jump Together, Hold, Shoulder Raise, Monterey ½ Turn, Side Mambo, Cross

- 1 2 Rock L forward (1), Recover on R (2) 3:00
- & 3 & 4 Step L back (&), Close R next to L (3), Push R shoulder down, L shoulder up (&), Push L shoulder down, R shoulder up, weight on L (4) 3:00
- 5 6 Point R to R side (5), 1/2 Turn R Close R next to L (6) 9:00
- 7 & 8 Rock L to L side (7), Recover on R (&), Cross L over R (8) 9:00

Ending The dance will finish on wall 9 - Instead of ¾ Paddle Turn do a Full Paddle Turn L to finish facing front 12:00

START AGAIN AND HAVE FUNNNN DARE TO BE UNIQUE





墙数:4