# Live & Learn



**拍数:** 32 **墙数:** 4 **级数:** High Beginner

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音乐: Follow Your Arrow - Kacey Musgraves



#### Count in: 16

### Section 1: side together, shuffle forward x 2

1 – 2	Step right to right side, step left next to right (weight on left)
1 – 2	SIED HUHL ID HUHL SIDE. SIED IEH HEKL ID HUHL I WEIDH DIT IEH

3 & 4 Right shuffle forward

5 – 6 Step left to left side, step right foot next to left ( weight on right)

7 & 8 Left shuffle forward

#### Section 2: Quarter turn, weave, heel forward, hold. Cross shuffle

1 – 2	Step right foot forward, quarter turn to left (weight on left foot)
3 & 4 &	Right cross in front of left, left foot to left side, right cross in front of left, cross left behind right.

5 & 6 Right heel forward, hold whilst you double clap

& Bring right foot in place

7 & 8 Cross left in front of right, small step with right, cross left in front of right (cross shuffle)

## Section 3: Right side together, quarter turn right shuffle, step left foot forward quarter turn to right, left cross

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1 – 2	Step right to right side, step left foot next to right, taking weight.
3 & 4	Step right side, together with left, quarter turn right
5 – 6	Step left foot forward, quarter turn to right ( weight on right)

7 & 8 Cross left foot over right, small step with right, step left over right (cross shuffle) \$ - WALL 4 - TAG – WALK, RIGHT, LEFT THEN RESTART \$

### Section 4: Right side rock recover, behind side cross. Rock forward left recover, left coaster cross

1 – 2	Rock weight out to right side, recover weight onto left
3 & 4	Cross right behind left, step left to left side, cross right in front of left.
5 – 6	Rock weight forward onto left foot, recover weight onto right foot in place
7 & 8	Step left foot back, bring right foot next to left, cross left in front of right

#### Enjoy! Dedicated to the 3 wise chimps

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