

Let's Get Lost

COPPERKNOB
BY STEPHENETS

拍数: 48 墙数: 2 级数: Easy Intermediate
编舞者: Kathryn Hammond (AUS) - May 2024
音乐: Let's Get Lost - Lane Pittman



Moves in a clockwise direction,

*1 restart, 1 tag, Starts 16 counts in with weight on left 110 BPM

[1 – 8] Side rock, Replace, Behind, Side, Cross, Side rock, Replace, Behind, Side, Quarter (3:00)

1,2,3&4 Rock R to right side, Replace weight to L, Step R behind L, Step L to left side, Cross R over L
5,6,7&8 Rock L to left side, Replace weight to R, Step L behind R, Step R 45° right, step L beside R

[9 - 16] Rock forward, Replace, Shuffle back, Rock back, Replace, Shuffle Forward* (3:00)

1,2,3&4 Rock R forward, Replace weight to L, Step R back, Step L beside R, Step R back
5,6,7&8 Rock L back, replace weight to R, Step R forward, Step L beside R, Step R forward

[17 – 24] Cross, Point, Cross, Point, Cross, back, ¼, together (Box ¼) (6:00)

1,2,3,4 Cross R over L, point L to left side, Cross L over R, point R to right side
5,6,7,8 Cross R over L, Step L back, turning 90° step R forward, Step L beside R

[25 – 32] Side shuffle, Rock Back, Replace, Side shuffle, Rock back, Replace* (6:00)

1&2,3,4 Step R to right side, Step L beside R, Step R to right side, Rock L back, Replace weight to R
5&6,7,8 Step L to left side, Step R beside L, Step L to left side, Rock R back, Replace weight to L

[33 – 40] Kick, Ball change, Kick, Ball change, Rock, Replace, Coaster step (6:00)

1&2,3&4 Kick R foot forward, Step R beside L, Step L beside R, Kick R foot forward, Step R beside L,
Step L beside R
5,6,7&8 Rock forward on R, replace weight to L, step R back, Step L beside R, Step R forward

[41 – 48] Kick, Ball change, Kick, Ball change, Rock, Replace, Coaster cross (6:00)

1&2,3&4 Kick L foot forward, Step L beside R, Step R beside L, Kick L foot forward, Step L beside R,
Step R beside L
5,6,7&8 Rock forward on L, replace weight to R, step L back, Step R beside L, Step L in front of R

Repeat

To end After coaster cross unwind to front

Restarts/tag

On walls 3 dance up to count 32* and restart. On wall 5 dance up to count 16# and add 2 x 1/8th paddle quarter to left.

1,2,3 4 Step forward on R, pivot 1/8 turn left, (weight remains on left foot), Step forward on R, pivot 1/8 turn left, (weight remains on left foot) and restart the dance

KATHRYN HAMMOND– 0402 219 272
happykaf@yahoo.com

Last Update – 7 June 2024 – R1