Mirror Image

拍数: 32

级数: Beginner Line / Contra

编舞者: Trisha Costelow (USA) - May 2024

音乐: If You Only Knew! - Sam Rivera & Evan Craft

optional contra part B

*For the contra version, one side learns/dances part A and the other learns/dances part B #4 count intro ("If you only knew how much He..." and start on "...loves you.")

Part A:

[1-8] Bachata walks on the diagonal forward and back

- 1-2 R step to 1:30, L step together
- 3-4 R step to 1:30, L tap next to R(optional hip pop)
- 5-6 L step to 7:30, R step together
- 7-8 L step to 7:30, R tap next to L(optional hip pop)

[9-16] Rumba box

- 1-2 R side step L together,
- 3(4) R forward (L taps next to R)
- 5-6 L side step R together,
- 7(8) L back (R taps next to L)

[17-24] Side rock cross, side rock 1/4 turn forward/cross (3:00)

- 1-2 R side rock, L recover
- 3 (4) Cross R over L, (hold)
- 5-6 L side rock, 1/4 turn to R recover on R
- 7 (8) L forward of or crossing R, R tap next to L

[25-32] Side rock cross, (pass part B if doing contra) side rock 1/4 turn forward/cross (6:00)

- 1-2 R side rock, L recover
- 3(4) Cross R over L, (hold) (start passing through people on the other side)
- 5-6 L side rock, 1/4 turn to R recover on R
- 7(8) L forward of or crossing R, R tap next to L (should be facing other line)

Part B:

[1-8] Bachata walks on the diagonal backward and forward

- 1-2 L step to 7:30, R step together
- 3-4 L step to 7:30, R tap next to L(optional hip pop)
- 5-6 R step to 1:30, L step together
- 7-8 R step to 1:30, L tap next to R(optional hip pop)

[9-16] Rumba box

- 1-2 L side step R together,
- 3(4) L backward (R taps next to L)
- 5-6 R side step L together,
- 7(8) R forward (L taps next to R)

[17-24] Side rock cross, side rock 1/4 turn forward/cross (3:00)

- 1-2 L side rock, R recover
- 3(4) Cross L over R, (hold)
- 5-6 R side rock, 1/4 turn to L recover on L
- 7(8) R forward of or crossing L, L tap next to R





墙

墙数: 2

[25-32] Side rock cross, (pass part A) side rock 1/4 turn forward/cross (6:00)

1-2 L side rock, R recover

- 3(4) Cross L over R, (hold) (start passing through people on the other side)
- 5-6 R side rock, 1/4 turn to L recover on L
- 7(8) R forward of or crossing L, L tap next to R (should be facing other line)

Last Update: 24 May 2024