P.U.S.P.A

拍数: 32

级数: Improver

编舞者: Linah Lunardi (INA) - May 2024

音乐: P.U.S.P.A. - ST12

Intro : 32 counts. Start dancing on the lyrics with the music. 2 Tags

(1-8) WALK FWD (4×), STEP-KICK (2×).

- 1-4 Walk fwd RLRL
- 5-6 Step RF to R, Kick LF diagonally R across RF
- 7-8 Step LF to L, Kick RF diagonally L across LF

(9-16) WALK BACK (4×), STEP-TOUCH BEHIND (2×).

- 1-4 Walk back RLRL
- 5-6 Step RF to R, Touch LF behind RF
- 7-8 Step LF to L, Touch RF behind LF

(17-24) GRAPEVINE WITH TOUCH, HIP SWAYS (4×).

- 12 Step RF to R, Cross LF behind RF
- 34 Step RF to R, Touch LF next to to RF
- 5-8 Step LF to L swaying hip to LRLR

(25-32) 1/4 L GRAPEVINE WITH TOUCH, HIP SWAYS (4×).

- 12 Step LF to L, Cross RF behind LF
- 34 Turn 1/4 L stepping LF fwd, Touch RF next to to LF
- 5-8 Step RF to R swaying hip to RLRL

TAG 1 (8 Count) after wal 5 (facing 9.00):

ROCKING CHAIR, PIVOT 1/4 L (2×).

- 12 Rock RF fwd, Recover onto LF
- 34 Rock RF back, Recover onto LF
- 56 Step RF fwd, Turn 1/4 L weight on LF
- 78 Step RF fwd, Turn 1/4 L weight on LF

TAG 2 (4 COUNT) after wal 9 (facing 3.00):

HIP SWAYS (4X).

1-4 Swaying hip RLRL.

Happy dancing dan enjoy yourself. CP : lunlinah@gmail.com

Last Update: 21 May 2024





墙数:4