

Almost Paradise

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Low Intermediate NC2S
编舞者: Michelle Chen (TW) - May 2024
音乐: Almost Paradise - Victoria Justice & Hunter Hayes



Introduction : 8 counts *2

Start Foot : Right(RF)

Tag : 8 counts * 2

ReStart : 1

Intro Section : 8 counts *2

Itr1: STANDBY

1-8

(Starting at 06:00)Standby in place

Itr2: HIP SWAY R-L-R-L, ROCKING CHAIR

1 2 3 4 Sway Hip to Rside-Lside-Rside-Lside

5 6 7 8 Rock RF Fwr, Recover back to LF, Rock RF Bwr, Recover back to LF

Main Section: 8 counts * 5

S1: 1/2TL STEP W/RONDE-BEHIND CROSS-SIDE, CROSS R&R-BALL R-L, SYNC WEAVE

1 2& Make 1/2TL(12:00) & Step RF Bwr w/ Ronde LF Bwr, Step LF Cross Behind RF, Step RF Rside

3 4& Rock LF Cross Over RF, Recover back to RF, Ball LF Together

5 6& Rock RF Cross Over LF, Recover back to LF, Ball RF Together

7&8& Step LF Cross Over RF, Step RF Rside, Step LF Cross Behind RF, Step RF Rside

S2: 1/4TR BASIC NIGHTCLUB L-R, STEP-PIVOT 1/2TL, HIP SWAY R-L

1 2& Make 1/4TR(03:00) & Slide LF to Lside, Step RF Cross Behind LF, Recover back to LF

3 4& Slide RF to Rside, Step LF Cross Behind RF, Recover back to RF

5 6& Step LF Fwr, Make a Pivot 1/2TL(09:00)

7 8 Sway Hip to Rside-Lside

S3: DOROTHY STEP R-L, STEP-TAP-3/8TR STEPPING TURN W/SWEEP, BACK ANCHOR

1 2& Step RF Diag Fwr, Lock LF right behind RF, Step RF Diag Fwr

3 4& Step LF Diag Fwr, Lock RF right behind LF, Step LF Diag Fwr

5&6 Step RF Fwr, Tap LF right behind RF, 3/8TR(01:30) & Step LF Bwr w/ Sweep RF back

7&8 Rock RF Bwr, Recover back to LF, Rock RF Bwr again

S4: STEP FWRD-R&R, STEP BWRD-R&R, SLIDING BOX 270TL

1 2& Step LF Fwr, Rock RF Fwr, Recover back to LF

3 4& Step RF Bwr, Rock LF Bwr, Recover back to RF

5 6 Slide LF to Lside w/ Drag RF toward, 1/2TL(10:30) & Slide RF to Rside w/ Drag LF toward

7&8 1/2TL(07:30) & Slide LF to Lside w/ Drag RF toward, 1/2TL(04:30) & Slide RF to Rside w/ Drag LF toward

S5: 1/4 DIAMOND W/NC2S, STEP-SPIRAL 3/4TL, PRISSY WALK R-L

1 2& Step LF Fwr, Step RF Fwr, 1/8TR(06:00) & Step LF Lside

3 4& 1/8TR(07:30) & Step RF Bwr, Step LF Bwr, 1/8TR(09:00) & Step RF Rside

5 6 Step LF Fwr, Spiral RF 3/4TL(12:00), Step LF in place

7&8 Step RF Fwr w/ Prissy Walk, Step LF Fwr w/ Prissy Walk

TAG: 8 counts * 2

On Wall4 after 8c*4 facing 10:30, Add Tag & ReStart at 06:00

Tag1: SHUFFLE 3/8TL, SHUFFLE FWRD, R&R, TRIPLE RUN BACK

1&1 1/4TL(07:30) & Step LF Fwr, Ball Step RF together, 1/8TL(06:00) & Step LF Fwr
3&4 Step RF Fwr, Ball Step LF together, Step RF Fwr
5 6 Rock LF Fwr, Recover back to RF
7&8 Running Back LF-RF-LF

Tag2(Itr2): HIP SWAY R-L-R-L, ROCKING CHAIR

1 2 3 4 Sway Hip to Rside-Lside-Rside-Lside
5 6 7 8 Rock RF Fwr, Recover back to LF, Rock RF Bwr, Recover back to LF

ENDING : SAME AS Itr2(1-6)

Notes for abbr.

RF(Right Foot) / LF(Left Foot)

Fwr(forward) / Bwr(backward) / Rside(right side) / Lside(left side)

Diag (diagonal)

TR(make a RightTurn) / TL(make a Left Turn)

Contact:

If there is any question or suggestion, please don't hesitate to contact.

Thanks a lot. Hope you like it.

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