

I Had Some Help

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Stacey Snyder (USA) - May 2024
音乐: I Had Some Help (feat. Morgan Wallen) - Post Malone



#32 count intro. *1 Restart—Wall 4 after 16 counts

Side Step Together, Shuffle Fwd., Side Step Touch, Side Step, ½ Turn

1-2 Step R to R side, Step L together with R
3&4 Shuffle Forward R, L, R
5-6 Step L to L side, Touch R toe behind L
7-8 Step R to R side, Turn ½ turn over L shoulder (keeping pressure on R) (6:00)

Side Step Together, Shuffle Fwd., Side Step Hold, Cross and Cross

1-2 Step L to L side, Step R together with L
3&4 Shuffle Forward L, R, L
5-6 Step R to R side, Hold
7&8 Cross step L over R, Step R to R Side, Cross step L over R

*(Restart here during wall 4)

Side Rock, Cross and Cross, Side Step, ¼ ¼ ¼ turn

1-2 Rock R to side, Recover onto L
3&4 Cross step R over L, Step L to L side, Cross step R over L
5-6 Step L to L side, Turn ¼ turn over R shoulder step R to R Side (9:00)
7-8 Turn ¼ turn R step L to L side (12:00), Turn ¼ turn over R shoulder step R to R side (3:00)

Vaudeville, Ball Change Heel, Long Side Step, Drag, Two Stomps

1&2 Cross step L over R, Step back onto R, L heel tap forward
&3-4 Ball Change L step then R, L heel tap forward
5-6 Long step L to L side, Drag R to meet L
7-8 Stomp R in place, Stomp L in place

Contact Stacey at linedancewithstacey@gmail.com

YouTube: [@LineDancewithStacey](https://www.youtube.com/@LineDancewithStacey)

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