

Had Some Help

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Helaine Norman (USA) - May 2024
音乐: I Had Some Help (feat. Morgan Wallen) - Post Malone



Intro: 32 - Restart: 1, No tags

I. RAMBLE, TOUCH FORWARD-BESIDE-SIDE-HITCH

1-2 Twist heels to right side, twist toes to right side
3-4 Twist heels to right side, twist to center (weight to R)
5-8 Touch L forward, touch L beside R, touch L to L side, hitch L next to R

II. RAMBLE, TOUCH FORWARD-BESIDE-SIDE-HITCH

1-2 Twist heels to left side, twist toes to left side
3-4 Twist heels to left side, twist toes to center (weight to L)
5-8 Touch R forward, touch R beside L, touch R to R side, hitch R next to L

***Restart: During wall 4 facing 3:00**

III. BACK LOCK STEP, HOOK (OR HITCH); FORWARD SHUFFLE, SCUFF ¼ L-TURN

1-4 Step R back, step L together, step R back, hook L over R (or hitch L)
5-8 Step L forward, step R together, step L forward, scuff R making ¼ turn left (9:00)

IV. VINE ENDING WITH TOUCH, VINE ENDING WITH STEP

1-4 Step R side, step L behind, step R side, touch L beside R
5-8 Step L side, step R behind, step L side, step R beside L (weight to both feet)

REPEAT

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