Astrid's Ding Dong Song

级数: Absolute Beginner

编舞者: Claudia Arndt (DE) - 10 May 2024

音乐: Ding Dong, Sing My Song - Michael English

Note : The dance begins with the use of singing

S1: Charleston steps, walk 2, run 3

- 1-2 Swing the RF forward in a circle and tap the tip of your right foot in front RF swing backwards in a circle and step backwards with right
- 3-4 Swing LF backwards in a circle and tap the tip of your left foot at the back Swing LF forward in a circle and step forward with your left hand
- 5-6 2 steps forward (r I)
- 7&8 2 small steps forward and put RF on the left (r I r)

S2: Heels-toes-heels swivels r + I, 3/4 paddle turn I, touch

- 1&2 Turn both heels, toes and heels to the right again
- 3&4 Turn both heels, toes and heels to the left again
- 5-8 Tap 3x a 1/4 turn to the left and right toe to the right tap RF next to LF (3 o'clock)

Repetition to the end

Step description created by Get In Line (Rainer)





拍数: 16

墙数:4