

# Hammer To The Heart

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Crazy Chris Adams (UK) - May 2024  
音乐: Hammer to the Heart - Teddy Swims



## S1: R Toe Strut, L Side Shuffle, & Touch Back, Shuffle Back

1,2      Touch R Toe To R Side, Drop Heel,  
3&4      Step L To L Side, Step R Beside L, Step L To L Side,  
&5,6      Step R Across L Towards L Diagonal, Touch L Behind R, Step L Back,  
7&8      Step R Back, Step L Beside R, Step R Back.

(Note: Counts &5,6 7&8 are all towards the left Diagonal corner)

## S2: Rock Recover, Shuffle ½, Back Touch x2, & Touch & Recover

1,2      Rock L Back, Recover Onto R,  
3&4      Make A ½ Turn R Stepping L Back, Step R Beside L, Step L Back,  
&5&6      Step R Back, Touch L Beside R, Step L Back, Touch R Beside L,  
&7&8      Step R Back Squaring Up 1/8 R, Touching L To L Side, Step L Beside R, Touch R Beside L.  
(6)

## S3: Side Rock, Cross Shuffle, Side Rock, Behind Side Cross

1,2      Rock R To R Side, Recover Onto L,  
3&4      Cross R Over L, Step L To L Side, Cross R Over L,  
5,6      Rock L To L Side, Recover Onto R,  
7&8      Step L Behind R, Step R To R Side, Cross L Over R. (6)

## S4: Charleston Step, Coaster Step, R Shuffle Forward, Step ¾ Step

1,2      Touch R Toe Forward, Step R Back,  
3&4      Step L Back, Step R Beside L, Step L Forward,  
5&6      Step R Forward, Step L Beside R, Step R Forward,  
7&8      Step L Forward, ½ Turn R Stepping Onto R, ¼ Turn R Stepping L To L Side. (3)

Tag: End Of Wall 7 Facing 9pm, Repeat Section 4 Finishing On Back Wall To Start Again.

Ending: During Wall 10 Dance Up To Section 4 Counts 5&6 And Finish With Step ½ Turn Step To Finish On Front Wall.

Have Fun Go Crazy  
Love Chris xXx

[10/05/24]

[www.crazygangentertainment.co.uk](http://www.crazygangentertainment.co.uk)