

Mama Said

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Mama Said - The Shirelles



Intro: 16 counts, No Tag ! No Restart !!

Sec1: SIDE TOE STRIT - CROSS TOE STRIT, SIDE ROCK - RECOVER - CROSS - HOLD (SNAP FINGERS)

1-4 Touch R toe to R - Step R Heel down - Touch L toe over Rf - Step L Heel down
5-8 Rock Rf to R - Recover on Lf - Cross Rf over Lf - Hold (snap fingers)

Sec2: SIDE TOE STRIT - CROSS TOE STRIT, STOMP - ROLL HIPS

1-4 Touch L toe to L - Step L Heel down - Touch R toe over Lf - Step R Heel down
5-8 Stomp Lf to L - Roll hips full turn anti-clockwise (3 counts) (weight ends on Lf)

Sec3: (R & L) CROSS - TOUCH BEHIND - BACK - SIDE

1-4 Cross Rf over Lf - Touch Lf behind Rf - Step Lf back - Step Rf to R
5-8 Cross Lf over Rf - Touch Rf behind Lf - Step Rf back - Step Lf to L

Sec4: 1/8 R FWD - HOLD (x2), SMALL RUNING AROUND 1/2 R

1-4 1/8 turn R (1:30) step Rf fwd - Hold - 1/8 turn R (3:00) step Lf fwd - Hold
5-8 Small runing around (R L R L) 1/2 turn R (9:00)

Have Fun & Happy Dancing !!!

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