

I Go Ooh

拍数: 56 墙数: 4 级数: Phrased Easy Intermediate
编舞者: Andrea Müller (DE) & Manuela Kulawiak (DE) - May 2024
音乐: Simple Life - Leony



Sequences: A-A-B-A-B*-B-A-B*-B*-B ending
The dance starts after 8 Counts with lyrics

Part A (28 Counts)

stomp, kick, coaster step (2x)

1-2 RF stomp, RF kick
3&4 RF back, LF close, RF step forward
5-6 LF stomp, LF kick
7&8 LF back, LF close, LF step forward

step ½, triple step (full turn), toe heel stomp (2x)

1-2 RF step forward, ½ turn left
3&4 triple step RF-LF-RF making full turn left (6:00)
5&6 LF toe, LF heel, LF stomp
7&8 RF toe, RF heel, RF stomp

side rock cross, side rock cross, back ¼ turn, cross shuffle

1&2 LF rock to left, recover cross over RF
3&4 RF rock to right, recover cross over LF
5-6 LF step back, RF step ¼ turn right
7-8 LF cross over RF, RF step right, LF cross over RF

side hold, side close

1-2 RF step right, hold
3&4 LF step beside RF, RF step right, LF close beside RF

Part B (36 Counts)

shuffle forward, shuffle forward, step ½, shuffle ½

1&2 RF step forward, LF step beside RF, RF step forward
3&4 LF step forward, RF step beside LF, LF step forward
5-6 RF step forward, ½ turn left
7&8 ½ shuffle turn right stepping back RF, LF, RF (6:00)

coaster step, step ¼ turn, cross shuffle, turn ¼, turn 1/4

1&2 LF step back, RF close to LF, LF step forward
3-4 RF step forward, ¼ turn left
5&6 RF cross over LF, LF step left, RF cross over LF
7-8 LF step back, ¼ turn right, RF step forward, ¼ turn right

kick ball cross, kick ball cross, mambo step, sailor ½ turn

1&2 LF kick forward, LF step beside RF, RF cross LF
3&4 LF kick forward, LF step beside RF, RF cross LF
5&6 LF step forward, LF recover on RF
7&8 turn ½ right, RF step behind LF, LF step beside RF, RF step forward (3:00)

chassé left, chassé ¼ turn, heel grind ¼, coaster step

1&2 LF step left, RF step beside LF, LF step left
3&4 ¼ turn right, RF step right, LF step beside RF, RF step right

5&6 LF ¼ turn on heel left
7&8 LF step back, RF step beside LF, LF step forward

(B* restarts on wall 5 / 9:00, wall 8 / 12:00, wall 9 / 9:00)

side hold, side close

1-2 RF step right, hold
3&4 LF step beside RF, RF step right, LF close beside RF

B ending after 28 counts: LF step forward, 1/4 turn right

Last Update: 12 May 2024
