No-One



拍数: 32 墙数: 4 级数: High Beginner

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音乐: No One - Alicia Keys



S1: Side, Together, Box, Side Together, Side, Together, Box Back

1.	2	Right to	Right side.	I eft r	next to	Right
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3&4 Right to Right side, Left next to Right, Right foot forward

5, 6 Left to Left side, Right next to Left

7&8 Left to Left side, Right next to Left, Left foot back

S2: Back, Touch, Forward, Scuff, Syncopated Weave, Cross Rock, Recover 1/4 Restart here

1, 2	Right foot back, Left touch in front of Right
3, 4	Left foot forward, Right foot scuff forward

Right over Left, Left to Left side, Right behind Left, Left to Left side 7, 8 Cross Rock Right over Left, Recover onto Left with ¼ turn Right

S3: Walk x2, Shuffle, Rock, Recover, Run Back

1, 2	Walk forward Right,	Left

3&4 Shuffle forward Right-Left-Right

5, 6 Rock forward on Left foot, Recover onto Right

7&8 Run back Left-Right-Left

S4: Back Rock, Recover, Walk x2, Jazzbox 1/4

1, 2 Rock back on Right foot, Recover onto Left

3, 4 Walk forward Right, Left

5, 6 Cross Right over Left, Left foot back

7, 8 Right to Right side with ¼ turn Right, Left foot next to Right

Restarts: 16 Counts into Walls 4 & 8