Beat of Your Heart



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Intro: 4x8 Counts

Section 1: Step Touch x2 & Grapevine with Tap

1 2 Step RF to the right (1), Tap LF next to RF (2)
3 4 Step LF to the left (3), Tap RF next to LF (4)
5 6 Step RF to the right (5), LF cross behind RF (6)
7 8 Step RF to the right (7), Tap LF next to RF (8)
Options: Shake your shoulders on 1-4; Clap your hands on &8

Section 2: Step Touch x2 & Grapevine with Tap

1 2 Step LF to the left (1), Tap RF next to LF (2)
3 4 Step RF to the right (3), Tap LF next to RF (4)
5 6 Step LF to the left (5), RF cross behind LF (6)
7 8 Step LF to the left (7), Tap RF next to LF (8)

Options: Shake your shoulders on 1-4; Clap your hands on &8

Section 3: Points diagonal forward

1 2	Point RF diagonal forward (1), Close RF to LF (2)
3 4	Point LF diagonal forward (3), Close LF to RF (4)
5 6	Point RF diagonal forward (5), Tap RF next to LF (6)
7 8	Point RF diagonal forward (7), Tap RF next to LF (8)

Section 4: Step Touch x2 & 3/4 Walk Around

1 2	Step RF to the right (1), Tap LF next to RF (2)
3 4	Step LF to the left (3), Tap RF next to LF (4)

5 – 8 Walk around stepping R (5), L (6), R (7), L (8) whilst making a ¾ turn to the right

Option: Wave your hands to the right and left during the Step Touches

Option on wall 7: Dance the whole wall a bit smoother (like Night Club 2 Step), instead of the Step Touches you can dance Night Club 2 Step Basic Steps