

Miles on It

拍数: 32 墙数: 4 级数: High Improver
编舞者: Ray Jones (WLS) & Sienna-Rae Jones (WLS) - May 2024
音乐: Miles on It - Kane Brown & Marshmello



No tags 2 restarts

32 count Intro: Start at approx.. 15 secs

SEC 1 R Chasse, ¼ L Chasse, Heel Grind ¼ Turn, Coaster Step

1&2 Step R to R side, step L beside R, step R to R side
3&4 ¼ turn L step L to L side, step R beside L, step L to L side (9:00)
5-6 touch R heel forward, ¼ turn R grinding heel stepping L back (12:00)
7&8 Step R foot back, bring L beside R, stepping R forward

SEC 2 L Dorothy, R Dorothy, Rock, Recover, Full Turn

1-2 Step L to L diagonal, Lock R behind L, Step slightly forward on L
3&4 Step R to R diagonal, Lock L behind R, Step slightly forward on R
5-6 Rock forward on L, recover weight back on R
7-8 Turn ½ L stepping L forward, turn ½ L stepping R back (12:00)

SEC 3 ¼ L Side, Touch, R Pony Back, L Pony Back, Rock Back, Recover

1-2 Turn ¼ L step L to L side, touch R next to L
3&4 Step R back hitching L knee, step L beside R, step R back hitching L knee
5&6 Step L back hitching R knee, step R beside L, step L back hitching R knee
7-8 Rock R back, recover weight onto L

SEC 4 Walk R L, Kick Out Out, Full Box Turn

1-2 Walk forward Right, Left
3&4 kick R foot forward, stepping out R, L
5-6 Turn ¼ R stepping R to R, turn ¼ R stepping L to L
7-8 Turn ¼ R stepping R to R, turn ¼ R stepping L to L

2 restarts on wall 3 and 5 after 16 counts

Wall 3 dance 15 counts with step 1/2 turn to 12 o'clock wall to restart

Wall 5 will dance 15 counts facing 9 o'clock wall the make a 1/4 to face 6 o'clock wall touch Right next to left ready to restart dance

Hope you all enjoy
Happy dancing

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Last Update: 8 May 2024