

You Raise Me Up Ez 2024

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Beginner
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音乐: You Raise Me Up - Westlife



INTRO 32c

No tag no restart!

SECTION 1 SIDE STEP- FWD HOLD - SWAY LRL - HOLD

1 2 3 4 RF step to R, LF step beside RF, RF step fwd, hold
5 6 7 8 LF step to L same time sway to L, sway to R and L, hold

SECTION 2 ROCKING CHAIR – SWEEP - SAILOR ¼ L TURN FWD, STEP FWD

1 2 3 4 RF rock fwd recover LF (@1, 2), RF step back (@3), sweep LF (@ 4)
5 6 7 8 ¼ L turn LF step back, RF step beside LF, LF step fwd, RF step fwd

SECTION 3 ROCK FWD – HOLD - ROCK BACK - HOLD - ¼ L TURN - SWAY LRL, HOLD

1 2 3 4 LF rock fwd, hold, rock back, hold
5 6 7 8 ¼ L turn, LF step to L swaying LRL, hold.

SECTION 4 CROSS ROCK - SIDE HOLD, ¼ L TURN, SAILOR STEP, HOLD

1 2 3 4 RF cross over LF, recover LF, RF step to R, hold
5 6 7 8 ¼ L turn, LF step back, RF step beside LF, LF step fwd, hold

Tribute to the ones who raise you up!
Hope you enjoy this easy version! Thank you!

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