

Sister Sister

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Nina Chen (TW) - May 2024
音乐: Sister Sister (姊妹妹妹站起来) (English Version) - Matilda Tao (陶晶莹)



Intro: 16 counts

Sec1: (R & L) SIDE ROCK - RECOVER, BEHIND - SIDE - CROSS

1-2, 3&4 Rock Rf to R - Recover on Lf, Step Rf behind Lf - Step Lf to L - Cross Rf over Lf
5-6, 7&8 Rock Lf to L - Recover on Rf, Step Lf behind Rf - Step Rf to R - Cross Lf over Rf

Sec2: SIDE - TOGETHER, FWD SHUFFLE, FWD ROCK - RECOVER, FWD SHUFFLE 1/2 L

1-2, 3&4 Step Rf to R - Step Lf beside Rf, Fwd shuffle (R L R)
5-6, 7&8 Rock Lf fwd - Recover on Rf, Fwd shuffle (L R L) 1/2 turn L (6:00)

Sec3: FWD ROCK - RECOVER, BACK SHUFFLE, BACK ROCK - RECOVER, FWD SHUFFLE

1-2, 3&4 Rock RF fwd - Recover on Lf, Back shuffle (R L R)
5-6, 7&8 Rock Lf back - Recover on Rf, Fwd shuffle (L R L)

Sec4: SIDE ROCK - RECOVER, CROSS SHUFFLE, 1/4 R BACK - SIDE, CROSS SHUFFLE

1-2, 3&4 Rock Rf to R - Recover on Lf, Cross shuffle (R L R)
5-6, 7&8 1/4 turn R (9:00) step Lf back - Step Rf to R, Cross shuffle (L R L)

Restart: Wall5 (6:00), Wall11 (9:00) After 16 counts

Tag (4 counts): During Wall11 (9:00) After 16 counts

JAZZ BOX

1-4 Cross Rf over Lf - Step Lf back - Step RF to R - Cross Lf over Rf

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com
