

I Follow You

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
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音乐: I Follow - Inna



Intro : 8 Count

Sec. 1 WALK RL, SHUFFLE LOCK FORWARD, PIVOT TURN 1/2 RIGHT, SHUFFLE LOCK FORWARD

1-2 Step R forward - Step L Forward
3&4 Step R Forward - Lock L behind R - Step R Forward
5-6 Step L Forward - Turn 1/2 right weight on R (06:00)
7&8 Step L forward - Lock R behind L - Step L forward

Sec 2. STATIONARY WALK SAMBA, CROSS SAMBA

1 a2 Step R together – Rock L back – Recover on R
3 a4 Step L together – Rock R back – Recover on L
5 a6 Cross R over L – Rock L to side – Recover on R
7 a8 Cross L over R – Step R to side – Cross L over R

Sec 3. DIAMOND SHAPE TURN 1/4 RIGHT, SAMBA WHISK (R-L)

1&2& Cross R over L - Turn 1/8 right step L back - Step R back - Hitch L knee up (07:30)
3&4 Step L back - Turn 1/8 right step R to side (09:00) - Cross L over R
5 a6 Step R to side - Rock L back - Recover on R
7 a8 Step L to side - Rock R back - Recover on L

Sec 4. FORWARD MAMBO, BACK MAMBO, SYNCOPATED K STEP

1&2 Rock R forward – Recover on L – Step R back
3&4 Rock L back – Recover on R – Step L forward
5&6& Step R Diagonal Forward - Touch L together - Step L diagonal back - Touch R together
7&8& Step R diagonal back - Touch L together - Step L diagonal forward - Touch R together

REPEAT

****2 Restarts - on wall 2 and wall 6 (after 16 counts)**

Last Update - 4 May. 2024 - R1