# **Beautiful Life 2024**



编舞者: Bill Baron (USA), Shirley Bang (MY), Sophia KSF (MY), Christina Yang (KOR) &

Anthony (INA) - May 2024

音乐: Beautiful Life (Mike Ross Definitive Radio Mix) - Ace of Base



#### Start dancing after 32 counts (quick beats) since the music has begun

OPTIONAL	OPENING:	32	Counte

I. VINE TO RIGHT -	CLOSED TOLICH	SIDE	TOLICH BEHIND	SIDE	TOLICH BELIND
I. VINE LU RIGHT -	· CLUSED TOUCH	– SIDE -	- IUUUN BENIND:	- OIDE :	- IUUUN BENINU

1-2 Rf step to right side(1), Lf crossed behind Rf(2)

3-4 Rf step to right side(3), Lf touch on ball closed next to Rf(4)

5-6 Lf step to left side(5), Rf touched on ball behind Lf(6)

7-8 Rf step to right side(7), Lf touched on ball behind Rf(8)

#### II. VINE TO LEFT - CLOSED TOUCH - SIDE - TOUCH BEHIND - SIDE - TOUCH BEHIND

1-2 Lf step to left side(1), Rf crossed behind Lf(2)

3-4 Lf step to left side(3), Rf touch on ball closed next to Lf(4)
5-6 Rf step to right side(5), Lf crossed on ball behind Rf(6)

7-8 Lf step to left side(7), Rf crossed on ball behind Lf(8)

#### III. STOMP TO RIGHT - HEEL TAPS - STEP DOWN - STOMP TO LEFT - HEEL TAPS - STEP DOWN

1 Rf stomp to right side(1)

2-4 lift Rf heel then step down(2), lift Rf heel then step down(3), lift Rf heel then step down while

changing weight to R leg(4)

#### (NOTE: Arm Action

1-4 R arm is pointing and make a rainbow curved shape from right to left for 4(four) counts (1-4))

5 Lf stomp to left side(5)

6-8 lift Lf heel then step down(6), lift Lf heel then step down(7), lift Lf heel then step down while

changing weight to L leg(8)

#### (NOTE: Arm Action

5-8 R arm is pointing and make a rainbow curved shape from left to right for 4(four) counts (5-8))

### IV. WALK AROUND WITH WAVING ARMS

1-8 Walk around forward in a circle while waving both arms above the head for 8(eight)

counts(1-8)

#### MAIN DANCE: 32 Counts

# I. SIDE - CLOSED TOUCH - SIDE - CLOSED TOUCH - ROCKING CHAIR

1-2 Rf step to right side(1), Lf touch closed next to Rf(2)
3-4 Lf step to left side(3), Rf touch closed next to Lf(4)

5-6 Rf step forward(5), recover to Lf(6) 7-8 Rf step backward(7), recover to Lf(8)

#### II. CROSS - SIDE TOUCH - CROSS - SIDE TOUCH - CHARLESTON

1-2 Rf cross over Lf(1), Lf touch to left side on toe(2)
3-4 Lf cross over Rf(3), Rf touch to right side on toe(4)
5-6 Rf touch forward on toe(5), RLf step backward(6)
7-8 Lf touch backward on toe(7), Lf step forward(8)

#### III. MONTEREY TO QUARTER TO RIGHT - FORWARD MAMBO TURN - TOE SWITCHES

1-2 Rf touch to right side on toe(1), turn ¼ to right(03.00) then Rf step closed next to Lf(2)

3-4	Lift touch to left side on toe(3), Lift step closed next to Rf(4)
5&6	Rf step forward(5), recover to Lf(&), turn ½ to right(09.00) then Rf step forward(6)
7&8	Lf touch to left side on toe(7), Lf step closed next to Rf(&), Rf touch to right side on toe(8)
IV EODWADD	BOCK BACKWARD SHITEELE BACKWARD BOCK EODWARD SHITEELE

# IV. FORWARD ROCK - BACKWARD SHUFFLE - BACKWARD ROCK - FORWARD SHUFFLE

1-2 Rf step forward(1), recover to Lf(2)

3&4 Rf step backward(3), Lf step closed next to Rf on ball(&), Rf step backward(4)

5-6 Lf step backward(5), recover to Rf(6)

7&8 Lf step forward(7), Rf step closed next to Lf on ball(&), Lf step forward(8)

# **RESTART:**

On wall 3, dance normally the MAIN DANCE Part from count 1 (Section 1) to count 16 (Section 2, count 8) then RESTART the dance into the next Wall.

#### **ENJOY THE DANCE**