

Maria

拍数: 64 墙数: 4 级数: High Improver
编舞者: All Star Instructure (INA) - May 2024
音乐: Maria - Ricky Martin



Joena, Hadi, Indah, Bety, Kaye, Wina, Yetty & Herin (All Star Instructure Uld Cabang Kota Kediri), INA-Mei 2024.

NO TAG NO RESTART

S-1. WALK R-L, OUT OUT-IN IN, SWAY (HOLD)

12&3&4 Step Walk RF - LF, Out RF/LF - In RF/LF,
5 6 7 8 Hip Bump to R (hold), Hip Bump to L (hold)

S-2. MAMBO SIDE, PADDLE ½ TURN L

1&2 Step RF to side - In place on LF - Close RF together
3&4 Step LF to side - In place on RF - Close LF together
5 6 Touch RF toe to R side - Hitch RF knee across LF in turning ¼ L
7 8 Touch RF toe to R side - Hitch RF knee across LF in turning ¼ L (06:00)

S-3. FORWARD WITH HIP ROLL, COASTER STEP (R-L)

1 2 Step RF forward with Roll hip forward front L - Right to L
3&4 Step RF back - Close LF beside RF - Step RF forward
5 6 Step LF forward with Roll hip forward front R - Left to R
7&8 Step LF back - Close RF beside LF - Step LF forward

S-4. ¼ TURN R JAZZ BOX, V STEP

1 2 3 4 ¼ Turn R Cross RF over LF - Step LF back - Step RF to side - Close LF beside RF (09:00)
5 6 7 8 Step RF to R diagonal Forward - Step LF to L diagonal Forward - Step FR back to center -
Step LF beside RF

S-5. ROCK SIDE, DIAMOND 1/8 TURN L (HOOK), 1/8 TURN L COASTER STEP, SWAY

1 2 Step RF to side - Recovered on LF
3&4 1/8 Turn L Cross RF over LF - Step LF back - Step RF back with Hook LF
5&6 1/8 Turn L Step LF back - Close RF beside LF - Step LF forward ((06:00)
7 8 Bumb Hip to R - Bumb Hip to L

S-6. KICK DOWN (R-L) - FORWARD - CLOSE, ¼ TURN L BACK SHUFFLE, ANCHOR

1&2& Kick RF step down RF beside LF, Kick LF step down LF beside RF
3 4 Step RF forward, step LF beside RF
5&6 ¼ Turn L Step RF back - Close LF beside RF - Step RF back (03:00)
7&8 Cross LF behind RF - In plase on RF - In plase on LF

S-7. RUMBA BOX (SHUFFLE) TO R-L

1 2 Step RF to side - Close LF beside RF
3&4 Step RF forward - Close LF beside RF - Step RF forward
5 6 Step LF to side - Close RF beside LF
7&8 Step LF forward - Close RF beside LF - Step LF forward

S-8. PIVOT ½ TURN L FORWARD - CLOSE, CROSS TOUCH - SIDE (R-L)

1 2 3 4 Step RF forward - ½ Turn L In plase on LF - Step RF forward - Close LF beside RF (09:00)
5 6 Cross touch RF over LF - Step RF to side-
7 8 Cross touch LF over RF - Step LF to side

Happy Dance :

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