

Good Morning Na Na Na

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Liz Atkinson (USA) - May 2024
音乐: Good Morning - Max Frost



#16 count intro (immediately after the fourth triple chord)
No Tags or Restarts!

S1: CROSS, BACK, CHASSE' R, CROSS, BACK, 1/4L TRIPLE FWD

1, 2 Step RF over LF, step LF back
3 & 4 Step RF to R side, step LF beside RF, step RF to R side
5, 6 Step LF over RF, step RF back
7 & 8 1/4L (9:00) Step LF fwd, step RF beside LF, step LF fwd

S2: STEP-LOCK-STEP X2, 1/2L PIVOT, KICK-BALL-CHANGE

1 & 2& Step RF to fwd/R diag, step LF beind RF, step RF to fwd/R diag, brush LF fwd
3 & 4 Step LF to fwd/L diag, step RF beind LF, Step LF to fwd/L diag,
5, 6 Step RF fwd, turn 1/2L (3:00) onto LF
7 & 8 Kick RF fwd, step on ball of RF, step LF beside RF

S3: R SIDE ROCK, RCVR, BEHIND-SIDE-CROSS, L SIDE ROCK, RCVR, BEHIND-SIDE-CROSS

1, 2 Rock onto RF to R side, recover onto LF
3 & 4 Step RF behind LF, step LF to L side, step RF over LF
5, 6 Rock onto LF to L side, recover onto RF
7 & 8 Step LF behind RF, step RF to R side, step LF over RF

S4: R SCISSOR STEP, L SCISSOR STEP, FWD OUT, OUT, HEEL FAN, HEEL FAN

1 & 2 Step RF to R side, step LF beside RF, step RF over LF
3 & 4 Step LF to L side, step RF beside LF, step LF over RF
5, 6 Step RF to fwd/R diag, step LF to fwd/L diag
7 & 8& Fan R heel to R side (knee in), return, fan L heel to L side (knee in), return

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