

# Good To Be Alive

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Good To Be - Mark Ambor



The Dance starts with the singing

## S1: Rock forward, side-rock, coaster step, (2x)

1&2&      Step forward right - recover to left foot - step right to right - recover to left foot  
3&4      Step right back - step left to right - step right forward  
5&6&      Step forward left - recover to right foot - step left to left - recover to right foot  
7&8      Step left back - step right to left - step left forward

## S2: Lockstep (r+l), ½ step turn (l), step, full turn (r), step

1&2      Step right forward - lock left behind right - step right forward  
3&4      Step left forward - lock right behind left - step left forward  
5&6      Step right forward - ½ turn left around on both balls, weight at the end left (6:00) - step right forward  
7&8      full turn (r) - step left forward

## S3: Lockstep (r+l), rock forward, side-rock, sailor-step ¼ turn (r)

1&2      Step right forward - lock left behind right - step right forward  
3&4      Step left forward - lock right behind left - step left forward  
5&6      Step forward right - recover to left foot - step right to right - recover to left foot  
7&8      Cross right foot behind left - ¼ turn (r) (9:00) - close left foot to right - step right forward

## S4: Rock forward, ½ turn (l) and step left forward, ½ shuffle-turn (l), coaster step, step-touch

1&2      Step forward left - recover to right foot and turn ½ (l) (3:00) - step left forward  
3&4      ¼ turn (l) step right side - close left to right - ¼ turn (l) and step right back (9:00)  
5&6      Step left back - step right to left - step left forward  
7-8      Step forward right - close left foot to right and bring weight to left foot

Tags: 20 counts, end of wall 1 facing 9:00 and end of wall 3 facing 3:00

## T1: Out-out-In-in (2x)

1-2      Step diagonal forward right - step left foot out  
3-4      Step right foot back - step left to right foot  
5-6      Step diagonal forward right - step left foot out  
7-8      Step right foot back - step left to right foot

## T2: Rocking-chair, Step-turn (l) (2x)

1-2      Step forward right - recover weight back to left foot  
3-4      Step left back - recover weight back to right foot  
5-6      Step right forward - ½ turn left around on both balls, weight at the end left  
7-8      Step right forward - ½ turn left around on both balls, weight at the end left

## T3: Out-out-In-in

1-2      Step diagonal forward right - step left foot out  
3-4      Step right foot back - step left to right foot

Ending: Dance till count 16 of wall 6 (3:00) and add ¾ turn to face 12:00