

I'm Beggin' Madly

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Daniel Exton (UK) - May 2024
音乐: Beggin' - Madcon



S1: Forward, Touch, Shuffle Back, Rock Back, Recover, ½ Turn, Sweep

1, 2 Right foot forward, Touch Left behind Right
3&4 Shuffle back Left-Right-Left
5, 6 Rock back on Right foot, Recover onto Left
7&8 ½ turn stepping Right foot forward, Sweep Left from front to back

S2: Sailor, Cross and Turn, Heel and Heel and Run x3

1&2 Left behind Right, Right to Right side, Left to Left side
3&4 Cross Right over Left, Left foot back with ¼ turn Right, Right to Right side
5&6& Left heel forward, Return Left, Right heel forward, Return Right
7&8 Run forward Left-Right-Left

S3: Rock and Back, Touch 1/8 x2, Chasse, Touch 1/8 x2

1&2 Rock Right to Right side, Recover onto Left, Step Right back
3, 4 Touch Left to Left side with 1/8 turn Left twice (Weight On R)
5&6 Left to Left side, Right next to Left, Left to Left side
7, 8 Touch Right to Right side with 1/8 turn Right twice (Weight on R)

S4: Cross Rock and Side, Syncopated Weave, Cross Rock and Side, Kick Ball Change

1&2 Cross Rock Left over Right, Recover onto Right, Left to Left side
3&4& Right over Left, Left to Left side, Right behind Left, Left to Left side
5&6 Cross Rock Right over Left, Recover onto Right, Right to Right side
7&8 Left toe next to Right, Left heel next to Right, Stomp Left foot, Weight on L

Restarts:

*16 into w8

*24 into w11 (Change of weight)