

Coin Toss

拍数: 97 墙数: 0 级数: Phrased High Advanced
编舞者: Fabian Müller (CH) - November 2022
音乐: 5:00 in the Country - Jordan Rowe



Description Intro 32 Counts, Part A 32 Counts, Part B 32 Counts,
Part C1 33 Counts, Part C2 33 Counts, Tag1 32 Counts, Tag2 16 Counts, Tag3 32 Counts

Intro – A – A* – Tag1 – B – C1 – Intro* – A – A – Tag2 – B – C2 – A – A* – Tag1* – B – C1 – Intro (Ending)

INTRO: 32c

Sect 1 WEAVE, KICK BALL HITCH, POINT, TOUCH

1 – 2 Side step R – Cross L behind R
3 – 4 Side step R – Cross L in front of R
5 & 6 Kick forward R – Step on R next to L – Hitch L
7 – 8 Point L to left – Touch L next to R (Count 5-8 make the steps with the guitar!!!)

Sect 2 WEAVE, KICK BALL HITCH, POINT, TOUCH

1 – 2 Side step L – Cross R behind L
3 – 4 Side step L – Cross R in front of L
5 & 6 Kick forward L – Step on L next to R – Hitch R
7 – 8 Point R to right – Touch R next to L (Count 5-8 make the steps with the guitar!!!)

Sect 3 & 4 repeat sect 1 & 2

INTRO*

Sect 1 WEAVE, KICK BALL HITCH, POINT, TOUCH

1 – 2 Side S step tep R – Cross L behind R
3 – 4 Side step R – Cross L in front of R
5 & 6 Kick forward R – Step on R next to L – Hitch L
7 – 8 Point L to left – Touch L next to R (Count 5-8 make the steps with the guitar!!!)

Sect 2 WEAVE, KICK BALL HITCH, POINT, TOUCH

1 – 2 Side step L – Cross R behind L
3 – 4 Side step L – Cross R in front of L
5 & 6 Kick forward L – Step on L next to R – Hitch R
7 – 8 Point R to right – Touch R next to L (Count 5-8 make the steps with the guitar!!!)

Sect 3 repeat sect 1

Sect 4 GRAPEVINE, STOMP, SWIVELS, TOUCH

1 – 2 Side step L – Cross R behind L
3 – 4 Side step L – Stomp R next to L
5 & 6 & Swivel L toe to left – Swivel L heel to left – Swivel L toe to left – Swivel L heel to left
7 & 8 Swivel I toe to left – Swivel L heel to left – Touch R next to L (Count 5-8 follow the fiddle!!!)

A: 32c

Sect 1 KICK, JUMP, FLICK, KICK, FLICK & SLAP, STOMP, SWIVEL

1 – 2 Kick forward R and jump with L slightly to right – Land on both feet closed together
3 – 4 Flick L to left & rotate body 1/8 to right(01:30) – Rotate body ¼ to left and kick L (like you play football) (10:30)
5 – 6 Turn 1/8 to left, flick R to right and slap with R (09:00) – Stomp up R next to L
7 – 8 Swivel R toe to right – Swivel R heel to right

Sect 2 ½ FLICK TURN & SLAP, STOMP, SWIVEL, KICK, STEP, SLIDE

- 1 – 2 Turn ½ to right on R, flick L to left and slap with L (03:00) – Stomp up L next to R
3 – 4 Swivel L heel to left – Swivel L heel back and turn ¼ with the swivel to left (12:00)
5 – 6 Kick forward L – Step L next to R
7 – 8 Big step back R – Slide L toward R

Sect 3 BACK ROCK, RECOVER & TOUCH, ¼ FLICK TURN, HEEL, HITCH, HEEL, HITCH, JUMP AND TOUCH

- 1 – 2 Jumping back rock on L – Recover on R and touch L next to R
3 – 4 ¼ Turn left and flick back R (09:00) – Heel forward R
5 – 6 Jump on R and hitch L next to R – Heel forward L
7 – 8 Jump on L and hitch R next to L – Jump forward on R and touch L slightly behind R

Sect 4 MOON WALK (SLIDE BACK), HEEL JACK, CROSS, UNWIND

- 1 – 4 Slide back R with foot flat to the ground, weight is on L toe
5 – 6 Jump out with weight on L and with a heel R to right – Cross R in front of L
7 – 8 ¾ Turn to left with weight on L at the end (12:00)

A* Change sect 4 counts 7-8, turn only ½ and facing 09:00. Ending with weight on R and L touched slightly back

Tip: You can do a little turn on count 6 for the cross. It is easier that way to have the right foot in front

B**Sect 1 JUMP, ½ FLICK TURN, KICK, JUMP, JUMP, ½ FLICK TURN, KICK, FLICK**

- 1 – 2 Jump on both feet forward (stomping) – ½ Turn right, jump on L and flick R
3 – 4 Jump on L and kick forward R – Jump on both feet forward (stomping)
5 – 6 Jump on both feet forward (stomping) – ½ Turn left, jump on R and flick L
7 – 8 Jump on R and kick forward L – Jump on L and flick L back

Sect 2 STOMP, SWIVEL, STOMP UP, JUMP, PEAGET (1 PEAGON STEP FOLLOWED BY SWIVET)

- 1 – 2 Stomp R next to L with R toe pointing to left – Swivel R toe to right
3 – 4 Swivel R heel to right ending with weight on R – Stomp up L next to R
5 – 6 Jump slightly to the left, landing on both feet (stomping) with toes pointing to center – Swivel L toe and R heel to left
7 – 8 Swivel R toe to right and L heel to left – Swivel back to center

Sect 3 STOMPING HEEL, HITCH 4, GENTLEMEN LEG, STOMP WITH HITCH 4, JUMP, FLICK, HOOK, HOOK

- 1 – 2 Jumping on R with stomping heel L forward – Hitch L with left knee pointing to left and L heel touching R knee (figure 4) and swivel R heel to right
3 – 4 Swivel R heel to left and make a cross heel with L in front of R, but L toe pointing to left – Jump on R (stomping) and make figure 4 with L again
5 – 6 Jump on both feet (stomping) – Jump on L and flick R to side
7 – 8 Jump on L and hook R behind – Jump on R and hook L in front of R

Sect 4 JUMP, KICK, FLICK, STOMP, STOMP, BACK ROCK, RECOVER

- 1 – 2 Jump on both feet (stomping) – Jump on R and kick L diagonal left
3 – 4 Jump slightly to the left on L and flick back R – Stomp forward R
5 – 6 Stomp L next to R – Jumping back rock R
7 Recover on L

C1**Count 8 Cross**

- 8 Jump on both feet R crossed in front of L

Sect 1 HIGH JUMP WITH CROSS, SIDE KICK, FLICK, SIDE KICK, FLICK, OUT, CROSS

- 1 – 2 Jump in the air and change cross, landing on both feet L crossed in front of R on count 2
- 3 – 4 Jump on L and kick R to side – Jump on L and flick R behind L
- 5 – 6 Jump on R and kick L to side – Jump on R and flick L behind R
- 7 – 8 Jump out on both feet – Jump on both feet L crossed in front of R

Sect 2 HIGH JUMP WITH CROSS, SIDE KICK, FLICK, SIDE KICK, FLICK, OUT, CROSS

- 1 – 2 Jump in the air and change cross, landing on both feet R crossed in front of L on count 2
- 3 – 4 Jump on R and kick L to side – Jump on R and flick L behind R
- 5 – 6 Jump on L and kick R to side – Jump on L and flick R behind L
- 7 – 8 Jump out on both feet – Jump on both feet R crossed in front of L

Sect 3 HIGH JUMP WITH CROSS, OUT, CROSS, OUT, CROSS, SIDE KICK, SIDE KICK

- 1 – 2 Jump in the air and change cross, landing on both feet L crossed in front of R on count 2
- 3 – 4 Jump out on both feet – Jump on both feet R crossed in front of L
- 5 – 6 Jump out on both feet – Jump on both feet L crossed in front of R
- 7 – 8 Jump on R and kick L to side – Jump on L and kick R to side

Sect 4 TOUCH, HOLD

- 1 – 2 Touch R crossed behind L - Hold
- 3 – 8 Hold

C2

Count 8 Cross

- 8 Jump on both feet R crossed in front of L

Sect 1 HIGH JUMP WITH CROSS, SIDE KICK, FLICK, SIDE KICK, FLICK, OUT, CROSS

- 1 – 2 Jump in the air and change cross, landing on both feet L crossed in front of R on count 2
- 3 – 4 Jump on L and kick R to side – Jump on L and flick R behind L
- 5 – 6 Jump on R and kick L to side – Jump on R and flick L behind R
- 7 – 8 Jump out on both feet – Jump on both feet L crossed in front of R

Sect 2 HIGH JUMP WITH CROSS, SIDE KICK, FLICK, SIDE KICK, FLICK, OUT, CROSS

- 1 – 2 Jump in the air and change cross, landing on both feet R crossed in front of L on count 2
- 3 – 4 Jump on R and kick L to side – Jump on R and flick L behind R
- 5 – 6 Jump on L and kick R to side – Jump on L and flick R behind L
- 7 – 8 Jump out on both feet – Jump on both feet R crossed in front of L

Sect 3 HIGH JUMP WITH CROSS, OUT, CROSS, OUT, CROSS, SIDE KICK, SIDE KICK

- 1 – 2 Jump in the air and change cross, landing on both feet L crossed in front of R on count 2
- 3 – 4 Jump out on both feet – Jump on both feet R crossed in front of L
- 5 – 6 Jump out on both feet – Jump on both feet L crossed in front of R
- 7 – 8 Jump on R and kick L to side – Jump on L and kick R to side

Sect 4 TOUCH, ½ TURN WITH HEEL, TOUCH, ½ TURN WITH HEEL, FLICK, STOMP, SWIVEL

- 1 – 2 Touch R crossed behind L – ½ Turn right on L and heel forward R
- 3 – 4 Jump on R and touch L toe back – ½ Turn left on R and heel forward L
- 5 – 6 Jump on L and flick back R – Stomp up R slightly forward
- 7 – 8 Swivel R heel to right – Swivel R heel back to center

Tag1

Sect 1 CHOPPY MOONWALK

- 1 – 2 Slide back R with foot flat to the ground, weight is on L toe - Slide back R with foot flat to the ground, weight is on L toe (R foot is next to L at this count)
- 3 – 4 Slide back R with foot flat to the ground, weight is on L toe – Change to flat L with R toe back
- 5 – 6 Slide back L with foot flat to the ground, weight is on R toe - Slide back L with foot flat to the ground, weight is on R toe (L foot is next to R at this count)

7 – 8 Slide back L with foot flat to the ground, weight is on L toe – Change to flat R with L toe back

Sect 2 TOGETHER, HEEL JACK, HOLD, TOGETHER, JUMP OUT, HOLD

1 & 2 1/8 Turn left & jump on both feet together – 1/8 Turn left & jump out on R and L toe to the left – Hold

3 – 4 & Hold – 1/8 Turn left & jump on both feet together – 1/8 Turn left & jump out L forward and R toe back

5 – 6 Hold – Hold

7 – 8 Hold – Hold

Sect 3 CHOPPY MOONWALK

1 – 2 Slide back L with foot flat to the ground, weight is on R toe - Slide back L with foot flat to the ground, weight is on R toe (L foot is next to R at this count)

3 – 4 Slide back L with foot flat to the ground, weight is on L toe – Change to flat R with L toe back

5 – 6 Slide back R with foot flat to the ground, weight is on L toe - Slide back R with foot flat to the ground, weight is on L toe (R foot is next to L at this count)

7 – 8 Slide back R with foot flat to the ground, weight is on L toe – Change to flat L with R toe back

Sect 4 TOGETHER, HEEL JACK, HOLD, TOGETHER, CROSS, UNWIND

1 & 2 1/8 Turn right & jump on both feet together – 1/8 Turn right & jump out on L and R toe to the right – Hold

3 – 4 & Hold – Jump on both feet together – Jump on both feet L crossed in front of R

5 – 8 Full Turn over right (unwind)

Tag1* Change sect 4 to:

Sect 4 TOGETHER, CROSS, UNWIND

1 – 2 ¼ Turn right & jump on both feet together – Jump on both feet R crossed in front of L

3 – 8 Full Turn over left (unwind)

Tag2

Sect 1 SWIVELING HEEL & TOE, FLICK, ½ TURN

1 – 2 Swivel L toe to right with R heel – Swivel L heel to right with R touch behind

3 – 4 Swivel L toe to right with R heel – Swivel L heel to right with R touch behind

5 – 6 Swivel L toe to right with R heel – Swivel L heel to right with R touch behind

7 – 8 Flick R to right side – ½ Turn right step R next to L (use energy of the flick to turn!)

Sect 2 HIP MOVEMENT, CROSS, UNWIND

1 & 2 Push hip to the left – Push hip to the right – Hold

3 – 4 & Hold – Jump on both feet together – Jump on both feet L crossed in front of R

5 – 6 Hold – Cross L in front of R

7 – 8 ½ Turn over right (unwind)

And enjoy that the singer whistles about your sexy shaking!

Variation of count 7-8 sect 1 and sect 2

Sect 1 SWIVELING HEEL & TOE, FLICK, STEP

7 – 8 Swivel L toe to right with R heel – Step R next to L (no turn!!!)

Sect 2 WATCH AND WHISTLE

1 – 2 Look how the one next to you shakes his/her ass

3 – 6 Hold

7 – 8 Whistle

WARNING: Dancer next to you might slap you, because they don't like it that you looked at his/her ass....

INTRO (Ending)

Sect 1 WEAVE, KICK BALL HITCH, POINT TOUCH

1 – 2 Side Step R – Cross L behind R

- 3 – 4 Side Step R – Cross L in front of R
- 5 & 6 Kick forward R – Step on R – Hitch L
- 7 – 8 Point L to left – Touch L next to R (Count 5-8 make the steps with the guitar!!!)

Sect 2 WEAVE, KICK BALL HITCH, POINT TOUCH

- 1 – 2 Side Step L – Cross R behind L
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Sect 3 WEAVE, KICK BALL HITCH, POINT TOUCH

- 1 – 2 Side Step R – Cross L behind R
- 3 – 4 Side Step R – Cross L in front of R
- 5 & 6 Kick forward R – Step on R – Hitch L
- 7 – 8 Point L to left – Touch L next to R (Count 5-8 make the steps with the guitar!!!)

Sect 4 WEAVE, KICK BALL HITCH, STOMP

- 1 – 2 Side Step L – Cross R behind L
 - 3 – 4 Side Step L – Cross R in front of L
 - 5 & 6 Kick forward L – Step on L – Hitch R
 - 7 Stomp forward R
-