

# Dance of a Lifetime

拍数: 48      墙数: 2      级数: Improver - waltz  
编舞者: Rob Fowler (ES) - May 2024  
音乐: Dance Of A Lifetime - Drake Milligan



**Intro: 24 counts (approx. 13s)**

**S1: Step L, Point R, Hold, Back R, Point L, Hold**

1,2,3      Step forward on L, point R to R side, hold  
4,5,6      Step back on R, point L to L side, hold

**RESTART: During WALL 3 please RESTART here facing 12 o'clock**

**S2: Step L, ½ Turn L Back R, Back L, R Basic Back**

1,2,3      Step forward on L, make ½ turn L stepping back on R, step back on L (6:00)  
4,5,6      Step back on R, step L next to R, step R in place

**S3: L Twinkle, Cross R, Side L, Behind R**

1,2,3      Cross step L over R, step R to R side, step L to L side  
4,5,6      Cross step R over L, step L to L side, step R behind L

**S4: Side L, Drag R, Full Turn Side R**

1,2,3      Step L to L side, drag R up to meet L over 2 counts (keep weight on L)  
4,5,6      Make ¼ turn R stepping forward on R, make ½ turn R stepping back on L, make ¼ turn R stepping R to R side (6:00)

**S5: First Part of Diamond ¾ Turn L**

1,2,3      Cross step L over R, make 1/8 turn L stepping back on R, step back on L (4:30)  
4,5,6      Step back on R, make ¼ turn L stepping L to L side, cross step R over L (1:30)

**S6: Last Part of Diamond ¾ Turn L**

1,2,3      Step forward on L, make ¼ turn L stepping R to R side, step back on L (10:30)  
4,5,6      Step back on R, make 1/8 turn L stepping L to L side, step R next to L (9:00)

**S7: Step L, Kick R Twice, Basic R Back**

1,2,3      Step forward on L, kick R forward twice  
4,5,6      Step back on R, step L next to R, step R in place

**S8: Step L ¼ L, Step R, Back L, Basic R Back**

1,2,3      Step forward on L making ¼ turn L, step R next to L, step back on L (6:00)  
4,5,6      Step back on R, step L next to R, step R in place

**Start Over**

---