My Love



编舞者: Helma Nur (INA) - May 2024 音乐: My Love - MAUR & A'MIRI



TAG: 4 Counts after wall 4

SECTION	1 1	- []	INDY	RIGHT	/I FFT
SECTION			114171	NIGHT	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,

1&2 Step RF to R side, LF next to R, RF to R side

3 – 4 Rock LF Behind RF, Recover on RF

5&6 Step LF to L side, RF next to L, LF to L side

7 – 8 Rock RF Behind LF, Recover on LF

SECTION 2: FORWARD LOCK SHUFFLE RIGHT / LEFT, 1/4 Turn R JAZZ BOX

1&2 RF forward, LF behind, RF forward3&4 LF forward, RF behind, LF forward

5 – 6 Cross RF over LF, ¼ Turn R Step back on LF

7 – 8 Step RF to R side, Step forward on LF

SECTION 3: LINDY RIGHT / LEFT

1&2 Step RF to R side, LF next to RF, RF to R side

3 – 4 Rock LF Behind RF, Recover on RF

5&6 Step LF to L side, RF next to LF, LF to L side

7 – 8 Rock RF Behind LF, Recover on LF

SECTION 4: V STEP, SIDE MAMBO (RIGHT/LEFT)

1 – 2 Step RF to R diagonal forward, Step LF to L diagonal forward L

3 – 4 Step RF back to centre, Step LF beside RF

5&6 Rock RF to R, Recover on LF, Close RF together

7&8 Rock LF to L, Recover on RF, Close Step LF together RF

TAG: ROCKING CHAIR (4 Counts after wall 4)

1- 2 Rock RF forward, Recover on LF3- 4 Rock RF Back, Recover on LF

Enjoy the dance, have fun and have a good day

Contact: helmanurbksmanli@gmail.com