

Lovers in a Past Life

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ross Brown (ENG) - May 2024
音乐: Lovers In A Past Life - Calvin Harris & Rag'n'Bone Man : (CD: Lovers In A Past Life - Single)



Intro : 48 Counts (Approx. 21 Seconds)

SIDE, HOLD. BALL, SIDE, TOUCH BEHIND. SYNCOPATED VINE LEFT.

1 – 2 Step R to R, hold for Count 2.
& 3 – 4 Step L next to R, step R to R, touch L behind R. (Optional : Swing both arms to the right)
5 – 6 & 7 – 8 Step L to L, cross step R behind L, step L to L, cross step R over L, step L to L. (12 O'CLOCK)

BACK ROCK. KICK BALL CROSS. BACK ¼ TURN L, SIDE, CROSS. BACK ¼ TURN R, SIDE, CROSS.

1 – 2 Rock R behind L, recover onto L.
3 & 4 Kick R forward, step R next to L, cross step L over R.
5 – 6 – 7 Make a ¼ turn L stepping R back, step L to L, cross step R over L.
8 & 1 Make a ¼ turn R stepping L back, step R to R, cross step L over R. (12 O'CLOCK)

SIDE POINT, HOLD. BALL, SIDE POINT, HOLD. BALL, SIDE POINT. BACK ROCK with KNEE POP.

2 – 3 Point R to R, hold for Count 3.
& 4 – 5 Step R slightly forward, point L to L, hold for Count 5.
& 6 Step L slightly back, point R to R.
7 – 8 Rock R back popping L knee up, recover onto L.(12 O'CLOCK)

WALK FORWARD. ANCHOR STEP. STEP ½ TURN L, SIDE ¼ TURN L. BEHIND, STEP ¼ TURN R.

1 – 2 Walk forward; R, L.
3 & 4 Rock R behind L, recover onto L, step R back.
5 – 6 Make a ½ turn L stepping L forward, make a ¼ turn L stepping R to R.
7 – 8 Cross step L behind R, make a ¼ turn R stepping R forward.(6 O'CLOCK)

SYNCOPATED VINE LEFT. BACK ROCK. REVERSE ROLL FULL TURN L.

1 – 2 & 3 – 4 Step L to L, cross step R behind L, step L to L, cross step R over L, step L to L.
5 – 6 Rock R behind L, recover onto L.
7 – 8 – 1 Make a ¼ turn L stepping R back, make a ½ turn L stepping L forward, make a ¼ turn L stepping R to R.(6 O'CLOCK)

SYNCOPATED VINE RIGHT. BACK ROCK. BACK ¼ TURN R, SIDE ¼ TURN R.

2 & 3 – 4 Cross step L behind R, step R to R, cross step L over R, step R to R.
5 – 6 Rock L behind R, recover onto R.
7 – 8 Make a ¼ turn R stepping L back, make a ¼ turn R stepping R to R.(12 O'CLOCK)

DIAGONAL STEP, LOCK. KICK BALL SWEEP. WEAVE LEFT.

1 – 2 Step L forward to R diagonal, lock R behind L.
3 & 4 Kick L forward, step L next to R, sweep R forward. (Straighten up to 12 o'clock)
5 – 6 Cross step R over L, step L to L.
7 & 8 Cross step R behind L, step L to L, cross step R over L.(12 O'CLOCK)

SIDE ROCK ¼ TURN R. FULL TURN R. STEP, PIVOT ¼ TURN R. CROSS SHUFFLE.

1 – 2 Rock L to L, make a ¼ turn R recovering onto R.
3 – 4 Make a ½ turn R stepping L back, make a ½ turn R stepping R forward. (OR Walk Forward)
5 – 6 Step L forward, pivot a ¼ turn R.

7 & 8 Cross step L over R, close R up to L, cross step L over R.(6 O'CLOCK)

END OF DANCE!
