

YA YA Get the F*ck Up Out

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Tommy G. Parker (USA) - April 2024
音乐: YA YA - Beyoncé



#48 count intro/38 seconds into track (dance begin right after Beyoncé says “We clappin”)

One Tag on 4th Wall — insert additional 12 counts in between the 1st and 2nd 8 counts (1-8 [+12] 9-32). SEE BELOW.

[1 – 8] (Starting w/ RF) RAPID STEPS BACK (w/ Jazz Hands), RF TOE STRUT (Snap), LF TOE STRUT (Snap). REPEAT

- 1 & 2 & (With Jazz Hands in front, palms facing each other) RF step back, LF step back [1] RF step back, LF step back [&], RF step back, LF step back [2] RF step back, LF step back [&] — 12:00
- 3 & 4 & RF toe strut [2], feet together, snap fingers [&]. LF toe strut [3], feet together, snap fingers [&] — 12:00
- 5 & 6 & (Jazz Hands) RF step back, LF step back [5] RF step back, LF step back [&], RF step back, LF step back [6] RF step back, LF step back [&] — 12:00
- 7 & 8 & RF toe strut [7], feet together, snap fingers [&]. LF toe strut [8], feet together, snap fingers [&] — 12:00

[9 – 16] LF SIDE TAP/TOGETHER/SIDE TAP/TOGETHER. RF SIDE TAP/TOGETHER/SIDE TAP/TOGETHER. RF STRUT, LF STRUT, WALK CATWALK STYLE (w/ Vogue Arms).

- 1 & 2 & Tap LF toe to side [1], feet together [&], tap LF toe to side [2], feet together [&] — 12:00.
- 3 & 4 & Tap RF toe to side [3], feet together [&], tap RF toe to side [4], feet together [&] — 12:00.
- 5, 6] R strut forward [5], LF strut forward [6] — 12:00.
- 7 & 8 & RF catwalk, R arm across chest [7], LF catwalk, L arm across stomach [&], RF catwalk, RH on right hip[8], LF catwalk, LH on left hip [&] — 12:00.

[17 –24] POP CHEST, PONY BACK (x4). LF STEP BACK (Left Diagonal), HEELS SWIVEL RIGHT. RF STEP BACK (Right Diagonal), HEELS SWIVEL LEFT.

- 1, 2 Pop chest out, LF pony back [1], pop chest, RF pony back [2] — 12:00.
- 3, 4 Pop chest out, LF pony back [3], pop chest, RF pony back [4] — 12:00.
- 5 & 6 & LF big step back (left diagonal) [5], RF next to LF [&], both heels swivel to the right [6], both heels swivel back [&] — 12:00.
- 7 & 8 & RF big step back (right diagonal) [7], LF next to RF [&], both heels swivel to the left [8], both heels swivel back [&] — 12:00.

[25 – 32] LF STOMP TO LEFT w/ HIP GRIND. RF STOMP BEHIND (¼ PIVOT CW) w/ HIP GRIND. LF STOMP FORWARD (¼ PIVOT CW). SHIMMY.

- 1, 2 LF stomp to the left (wide squat) [1], grind hips [2] — 12:00
- 3, 4 RF stomp behind right (wide squat) with ¼ pivot right (cw) [3], grind hips [4] — 3:00
- 5, 6 LF stomp forward left (wide squat) with ¼ pivot right (cw) [5], grind hips [6] — 6:00
- 7, 8 Shimmy [7], shimmy [8] — 6:00

Start again.

**** TAG ****

FOURTH WALL (with TAG) – ADDITIONAL 12 STEPS INSERTED IN BETWEEN STEPS 1-8 AND STEPS 9-32

[1 – 8] (Starting w/ RF) RAPID STEPS BACK (w/ Jazz Hands), RF TOE STRUT (Snap), LF TOE STRUT (Snap). REPEAT

[TAG] SWING HIPS RIGHT, HOLD. SWING HIPS LEFT, HOLD. SHAKE! SWIM (w/ ½ Pivot)! JERK! TWERK!

1, 2	Swing hips to the right [1], hold [2] — 6:00
3, 4	Swing hips to the left [3], hold [4] — 6:00
5, 6	Shake [5, 6] — 6:00
7, 8	Swim (with ½ pivot) [7, 8] — 12:00
9, 10	Jerk [5, 6] — 12:00
11, 12	Twerk [5, 6] — 12:00

[9 – 16] LF SIDE TAP/TOGETHER/SIDE TAP/TOGETHER. RF SIDE TAP/TOGETHER/SIDE TAP/TOGETHER. RF STRUT, LFSTRUT, WALK CATWALK STYLE (w/ Vogue Arms).

[17 –24] POP CHEST, PONY BACK (x4). LF STEP BACK (Left Diagonal), HEELS SWIVEL RIGHT. RF STEP BACK (Right Diagonal),HEELS SWIVEL LEFT.

**[25 – 32] LF STOMP TO LEFT w/ HIP GRIND. RF STOMP BEHIND (¼ PIVOT CW) w/ HIP GRIND. LF STOMP FORWARD (¼PIVOT CW). SHIMMY.
Start again.**

Last Update: 30 Apr 2024
