

Chat GPT Vibes Rumba

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Shanthie De Mel (AUS) - April 2024
音乐: AI generated Sway by Frank Sinatra to Michael Buble's original



Intro: 32 Count: Weight on left foot. Start on vocals. Left Rotation. No Tags or Restarts.

[1-8] RUMBA WALKS FORWARD WITH HOLD. SWAY LEFT. SWAY RIGHT.

1- 4 Walk forward R-L-R with hip action. Hold.
5, 6 Sway to the left side in place to 2 counts.
7, 8 Sway to the right side in place to 2 counts. (12:00)

[9-16] RUMBA WALKS FORWARD WITH HOLD. SWAY RIGHT. SWAY LEFT.

1- 4 Walk forward L-R-L with hip action. Hold.
5, 6 Sway to the right side in place to 2 counts.
7, 8 Sway to the left side in place to 2 counts. (12:00)

[17-24] REVERSE RUMBA BOX

1, 2 Step R to the right side with a sway. Close L.
5, 6 Step R back. Hold.
7, 8 Step L to the left side with a sway. Close R. Step L back. Hold. (12:00)

[25-32] PADDLE SWAY 1/8 TURN LEFT x2

1, 2 Step R forward. Hold.
3, 4 Turn 1/8 left on L with sway. Hold. (11:00)
5, 6 Step R forward. Hold.
7, 8 Turn 1/8 left on L with sway. Hold. (9:00)

**NOTE. AFTER ROTATION 8 FACING 12:00
HOLD FOR 4 COUNTS AT PAUSE IN MUSIC, CONTINUE WITH NEW WALL.**

Dance with attitude! Smile! Have fun!
