

Glory Days

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Phrased Intermediate - Country
编舞者: Veronika Dávid (HU) & Gergely Dávid (HU) - April 2024
音乐: Glory Days - Gabby Barrett



The dance debuted at Wild East Fest as an opening dance of the international dance contest in 10th February 2024 in Boathouse Pub, Budapest.

SEQUENCE: A B B bridge bridge – A B B bridge – A A B bridge – A16 final

R = right foot, L = left foot

Part A: 32c

Altogether 32 steps to 64 counts.

S-1 R STOMP FWD & R HEEL OUT, L STOMP FWD & L HEEL OUT, R SIDE SHUFFLE, 1/4 TURN R & L SIDE SHUFFLE

- 1 – 2 R stomp forward, R heel turn out and back
- 3 – 4 L stomp forward, L heel turn out and back
- 5 – 6 R side shuffle: R step side, L close next to R and R step side
- 7 – 8 ¼ turn right and L side shuffle: L step side, R close next to L and L step side

S-2 R CROSS BWD ROCK STEP, R KICK BALL CROSS, R SIDE STEP, L CROSS STEP BEHIND R, 1/4 TURN R & R SHUFFLE FWD

- 1 – 2 R step cross behind L (weight on R), weight back to L
- 3 – 4 R kick diagonally to side, R step back next to L and L step cross before R
- 5 – 6 R step to side, L step cross behind R
- 7 – 8 ¼ turn right and R shuffle forward: R step forward, L cross behind R and R step forward

S-3 L ROCK STEP FWD, L COASTER STEP, R STEP SIDE & L HOOK BWD, L STEP SIDE & R HOOK BWD, 1/4 TURN R & R SHUFFLE FWD

- 1 – 2 L step forward (weight on L), weight back to R
- 3 – 4 L step back, R close next to L and L step forward
- 5 – 6 R step to side and L heel lift behind, L step to side and R heel lift behind
- 7 – 8 ¼ turn right and R shuffle forward: R step forward, L cross behind R and R step forward

S-4 L STEP SIDE & R HOOK BWD, R STEP SIDE & L HOOK BWD, L SIDE SHUFFLE, R SAILOR STEP WITH 1/4 TURN R, L STOMP, R STOMP

- 1 – 2 L step to side and R heel lift behind, R step to side and L heel lift behind
- 3 – 4 L side shuffle: L step side, R close next to L and L step side
- 5 – 6 R step back with drawing a circle and ¼ turn right, L close next to R and R step forward
- 7 – 8 L stomp next to R, R stomp in place

Part B: 32c

Altogether 32 steps to 32 counts.

S-1 R KICK DIAGONALLY & JUMP TO R X2, 1/2 TURN R WITH JUMP L JAZZBOX CROSS

- 1 – 2 R kick diagonally to side, jump onto R and L heel lift behind
- 3 – 4 R kick diagonally to side, jump onto R and L heel lift behind
- 5 – 6 ¼ turn to right and L jump forward, R jump out
- 7 – 8 ¼ turn to right and L jump out, R jump cross before L and L heel lift behind

S-2 JUMP TO L, R GRAPEVINE, L CROSS FWD ROCK STEP, L STEP BACK, R STOMP UP

- 1 – 2 jump back onto L, R step to side
- 3 – 4 L step cross behind R, R step to side
- 5 – 6 L jump cross before R and R heel lift behind, step back with R

7 – 8 L step next to R, R stomp up in place (weight on L)

S-3 R ROCK STEP FWD, R STEP BACK & HOLD, L SLOW COASTER STEP

1 – 2 R step forward (weight on R), weight back to L

3 – 4 R step backward, pause

5 – 6 L step backward, R close next to L

7 – 8 L step forward, pause

S-4 FULL TURN FWD TO L WITH STEPS R-L, R STOMP & HOLD, L STOMP & HOLD

1 – 2 ½ turn to left (moving forward), R step backward

3 – 4 ½ turn to left (moving forward), L step forward

5 – 6 R stomp next to L, pause

7 – 8 L stomp next to R, pause

BRIDGE: R WEAVE & R SIDE SLIDE, L WEAVE & L SIDE SLIDE

1 – 2 R step to side, L step cross behind R

3 – 4 R step to side, L step cross before R

5 – 6 R long side step

7 – 8 L close next to R, pause

1 – 2 L step to side, R step cross behind L

3 – 4 L step to side, R step cross before L

5 – 6 L long side step

7 – 8 R close next to L, pause

FINAL: Part A16 + L STOMP FWD & HOLD

1 – 2 L stomp forward (hold your hat), pause

Happy dancing!
