

# Espresso

**COPPER** KNOB  
STEPPEDETS

拍数: 32                      墙数: 4                      级数: Absolute Beginner  
编舞者: Flora Petrie (SCO) - April 2024  
音乐: Espresso - Sabrina Carpenter  
或: September - Earth, Wind & Fire



## Alternate Tracks:

September – Earth, Wind & Fire (40 count intro, 0 tags 0 restarts)

Intro: 16 count, start on vocals (approx 00:09)

### Section 1: Conga Walk Forward and Back

1 2 -                      Step forward on R (1), step forward on L (2)  
3 4 -                      Step forward on R (3), point L to L side (4)  
5 6 -                      Step back on L (5), step back on R (6)  
7 8 -                      Step back on L (7), point R to R side (8)

### Section 2: Cross, Point, Cross, Point, Rocking Chair

1 2 -                      Cross R over L (1), point L to L side (2)  
3 4 -                      Cross L over R (3), point R to R side (4)  
5 6 -                      Rock forward on R (5), recover on L (6)  
7 8 -                      Rock back on R (7), recover on L (8)

### Section 3: V Step x 2

1 2 -                      Step R forward to R diagonal (1), step L forward to L diagonal (2)  
3 4 -                      Step R back to centre (3), step L back to centre (4)  
5 6 -                      Step R forward to R diagonal (5), step L forward to L diagonal (6)  
7 8 -                      Step R back to centre (7), step L back to centre (8)

### Section 4: Point R, Point L, Monterey ¼ R

1 2 -                      Point R to R side (1), step R next to L (2)  
3 4 -                      Point L to L side (3), step L next to R (4)  
5 6 -                      Point R to R side (5), step R next to L turning ¼ R (6)  
7 8 -                      Point L to L side (7), step L next to R (8)

Wall 5 - restart after 8 counts/section 1 (12:00)

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