

Sometimes I Forget

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - April 2024
音乐: Sometimes I Forget - Annie Bosko : (Spotify/YouTube Music/Deezer/Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Touch Fwd-In-Side-In, Kick, Behind, Side, Fwd, Touch Fwd-In-Side, Coaster Step

1&2& Touch R forward, Touch R toe next to L, Touch R to the side, Touch R toe next to L
3&4& Kick R diagonally forward, Step R behind R, Step L to the side, Step forward on R
5&6 Touch L forward, Touch L toe next to R, Touch L to the side
7&8 Step back on L, Step R next to L, Step forward on L

-Restart here on Wall 2 and Wall 4

[S2] Fwd, Step-Pivot 1/4R, Cross, Hinge 1/2L, Cross Toe Strut, Hinge 1/2R, Weave R, Kick-Ball-

1&2& Step forward on R, Step forward on L, Make a ¼ turn right recover weight on R (3:00), Cross L over R
3&4& Make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to the side (9:00), Touch/cross R toe over L, Drop R heel down
5&6& Make a ¼ turn right stepping back on L, Make a ¼ turn right stepping R to the side (3:00), Cross L over R, Step R to the side
7&8& Step L behind R, Step R to the side, Kick forward on L, Ball step L in place-

- Restart here on Wall 6

[S3] -Fwd Rock, Back w/ Sweep, Behind-1/4R-Fwd-Hitch, 1/4R-Touch, 1/4R-Touch, 1/4R-1/4R-1/4R

1&2 - Rock forward on R, Replace weight on L, Step back on R sweeping L foot around
3&4& Step L behind R, Make a ¼ turn right stepping forward on R (6:00), Step forward on L, Hitch R knee up
5&6& Make a ¼ turn right stepping R to the side (9:00), Touch L next to R, Make a ¼ turn right stepping L to the side (12:00), Touch R next to L
7&8 Make a ¼ turn right stepping forward on R (3:00), Make a ¼ turn right stepping L to the side (6:00), Make a ¼ turn right stepping R to the side (9:00)

[S4] Step-Lock-Step, Step-Pivot 1/2L-Fwd into L Full Turn, Walk-Walk, Rocking Chair

1&2 Step forward on L, Lock R behind L, Step forward on L
3&4 Step forward on R, Make a ½ turn left recover weight on L (3:00), Step forward on R
&5& Step forward on L, Make a ½ turn left stepping back on R, Make a ½ turn left stepping forward on L (3:00)
6& Walk forward on R-L
7&8& Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L

Restart on Wall 2 count 8 (3:00), Wall 4 count 8 (6:00) and Wall 6 count 16 (12:00)

Ending suggestion: The last wall starts facing 6:00. Dance up to Section 3 count 7& (12:00). Step R to the side on count 8.

(updated: 24/Apr/24)