

Nightclub Then & Now

COPPER KNOB
BY STEPHEN

拍数: 16 墙数: 1 级数: Beginner
编舞者: V. Allen L. Isidro (USA) - April 2024
音乐: Five More Minutes - Scotty McCreery
或: I Knew I Loved You - Savage Garden
或: Cien - CNCO



Note: Spring-Summer 2024 Training Module (16-ct, 1 or 4-wall, beginner)

Five More Minutes (Scotty McCreery) – country
I Knew I Loved You (Savage Garden) – Pop/R&B
Cien (CNCO) – Latin
Any of your favorite nightclub rhythm songs

Set 1 New basic NC2S, body rolls left and right, recover

1-2&3-4& Side R - behind L - recover R – side L – behind R – recover L
5-6&7-8& *Cross R over L – recover L - together R - cross L over R - recover R – together L

Set 2: Walk, walk, old basic NC2S, back, back, old basic NC2S

1-2, 3&4 Forward R – L, behind R - recover L - side R
5-6, 7&8 Back L - R, behind L - recover R – side L

4-wall option

5-6&7-8& Cross R over L – recover L - together R – $\frac{1}{4}$ cross L over R (3:00) - recover R – together L
START ALL OVER ON NEW WALL

LDVALI LLC

P.O. Box 566, San Bruno CA 94066 * ldvali1955@gmail.com
