

The Door

拍数: 32 墙数: 4 级数: Improver
编舞者: Amy Christian (USA) - April 2024
音乐: The Door - Teddy Swims



(No tags or restarts).

Intro 32 counts.

BACK/SWIVEL, TOUCH, BACK/SWIVEL, TOUCH, ROCK BACK, RECOVER, TRIPLE FORWARD,

1-2 Step R diagonally back as you swivel L heel out, Touch L next to R,
3-4 Step L diagonally back as you swivel R heel out, Touch R next to L,
5-6 Rock back on R, Recover on L,
7&8 Shuffle forward R-L-R,

ROCK FORWARD, RECOVER, ½ TRIPLE, PIVOT ¼, ACROSS, SIDE,

1-2 Rock L forward, Recover on R,
3&4 Make a ½ shuffle turning left, L-R-L, [6:00],
5-6 Step R forward, Pivot ¼ left on L, [3:00]
7-8 Step R across L, Step L out to left side,

TWIST, TWIST, SLIDE, TOGETHER, ROCKING CHAIR,

1-2 Twist heels to left side, Twist toes to left side,
3-4 Take a big step to R side as you slide right - dragging L, Step L next to R,
5-8 Rocking Chair R-LR-L (with prep for those who are doing the turns),

½, ½, ½, ½, ROCK FORWARD, RECOVER, BACK, TOGETHER,

1-2 ½ Turn left on R [9:00], continue to make another ½ turn left as you step L NEXT to R [3:00],
3-4 ½ Turn left on R [9:00], continue to make another ½ turn left as you step L NEXT to R [3:00],

(* No Spin Option 1-4 – FORWARD, TOGETHER, FORWARD, TOGETHER

1-2 Step R forward, Step L NEXT to R,
3-4 Step R forward, Step L NEXT to R,
5-6 Rock forward on R, Recover on L,
7-8 Step back on R, Step L NEXT to R,

Start over!

Email: amyc@linefusiondance.com