

Pa'la Camara

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Pa' La Camara - Chacal



*1 Tag, no restart

S1. SIDE MAMBO R-L, FORWARD MAMBO, BACK MAMBO

1&2 Step R to side, Recover on L(&), Step R next to L
3&4 Step L to side, Recover on R(&), Step L next to R
5&6 Step R forward, Recover on L(&), Step R next to L
7&8 Step L to back , Recover on R(&), Step L next to R

S2. BOTAFOGO R-L, CROSS SHUFFLE - 1/2 TURN LEFT CROSS SHUFFLE

1&2 Step R cross over L, Step L to left side(&), recover weight on R
3&4 Step L cross over R, Step R to Right side(&), recover weight on L
5&6 Cross, R over L, step L to side, cross R over L
7&8 L 1/2 turn Cross, L over R, step R to side, cross L over R

S3. VAUDEVILLE R,L - DIAMOND TURN ¼ RIGHT

1&2& Cross R over L, Step L to side, Touch R heel diagonal forward, Step R together
3&4 Cross L over R, Step R to side, Touch L heel diagonal forward, Step L together
5&6& Cross R over L, Turn 1/8 right step L back , Step R back, Hitch L knee up
7&8 Step L back, Turn 1/8 right step R to side, Cross L over R

S4. FORWARD, TAP, BACK, SWEEP, BEHIND, SIDE, CROSS - FWD ROCK , RECOVER, COASTER STEP

1&2& Step R forward – Tap L behind R – Step L back – Sweep R back
3&4 Cross R behind L – Step L to side – Cross R over L
5-6 Rock L fwd with body roll, recover on R
7&8 Step LF back , step RF next to LF , step LF fwd (weight on LF)

Tag. Hip roll (4C)

Happy Dancing
