Back 2 Back



拍数: 32 编数: 2 级数: High Intermediate - Contra

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音乐: Back 2 Back - Dazy Chain



Restarts: 1 - Tags: 0 - Intro: 16 counts

Dance begins back 2 back with your partner. One person facing 12:00 the other 6:00

[1-8]: HITCH R & SLIDE, TOGETHER, KNEE POP & KICK L, COASTER L, 1/4, 1/2

&1, 2 Hitch R(&), slide R(1), together(2)

Pop knees apart, keeping feet together (3), bring knees together while ¼ turn to left (&), kick

L (4)

step L back (5), R next to L (&), step L forward (6)

7, 8 Roll ¼L, stepping R to R side (7) Roll ½L, stepping L to L side (8)

Facing 12:00 if you began the dance facing 12:00. Facing 6:00 if you began the dance facing 6:00. Your partner should be behind you.

[9-16]: SLIDE, HOP W/C-BUMP, STEP R, HEEL, HEEL, HANDS, ARM EXPLOSION

1, 2 Rotate ½ L, Sliding R to R side (1), Collect L next to R (2)

a3&4 Hop to L side (a*), Bumping hips up and to L(3) Hips Right (&) Hips down and L, shifting

weight to L

5&6 Step forward and out on R (5), Swivel heels 1/8L: L Heel (&), R Heel (6) *now should be facing

partner about an arm length apart*

&7& Reach R hand forward grabbing partners R hand (&) repeat with L hands, resting on top of R

hands (7), keeping hands together lower all hands - like a hand shake, bending slightly at

knees (&)

8 Lift arms up releasing all hands, R stays on floor, L lifts as you turn 1/4L

Facing 1:30 if you began the dance facing 12:00. Facing 7:30 if you began the dance facing 6:00.

Your partner should be slightly in front of you off to your right side.

*Drop 'a' count if not hopping. Instead Step L to L side on '3' to begin C-bump

[17-25]: REVERSE CHUG TURN, SIT BACK L, HIP POP, BALL CHANGE, KICK FWD, KICK BACK, HITCH, RUN R,L,R

1&2&	Continuing to turn over I	shoulder: rotate 1/4	nushing L to L	side (1)	Recover weight R (&)

1/6L, pushing L to L side (2) Recover weight R (&)

3 & 4 Sit back on L (3), Bump hips up and forward (&) Back (4)

&5, 6 Bring ball of R next to L (&) Step forward on L (5*) Kick R forward (6)

7& Kick R back (7), Hitch R up, rotating ½ R (&)

8&1 Run forward: R (8), L (&), R (1)***

Facing 4:30 if you began the dance facing 12:00. Facing 10:30 if you began the dance facing 6:00. Your partner should be behind you over your left shoulder.

*1 Restart here on the 5th rotation. After stepping forward on count 5 (weight L) Walk ¼R in a semi circle around R shoulder R(6) L (7), Hitch R next to L, squaring off to 12:00/6:00 (8)

***Looking ahead to the end of the dance. At this point on the run counts 8&1 you want to be just passing your partner. If standing shoulder to shoulder before the runs then you'll want to take small steps on 8&1

[26-32]: PIVOT L, SWEEP L, WEAVE BEHIND, 3/4R SLIDING BOX

2 Pivot ½L, Keeping weight R, releasing L to sweep Front to back (2)

Continuing sweep, turn ½L crossing L behind R (3) Step R to R (&) Cross L over R (4*) 5 6, 7, 8 Sliding box turning to the R: Slide R to R (5), ¼R, Sliding L to L (6), ¼R, Sliding R to R (7),

¹/₄R, Sliding L to L (8)

Facing 6:00 if you began the dance facing 12:00. Facing 12:00 if you began the dance facing 6:00. Your

partner should be behind you.
*At this point your partner should be in front of you and slightly to your R. If they are, you should finish the dance 'Back 2 Back'

Last Update: 19 Apr 2024